



# Catholic Parish of King's Lynn

**Church of Our Lady of the Annunciation**  
London Road, King's Lynn, Norfolk. PE30 5HQ

**Holy Family Church**  
Field Lane, Gaywood, King's Lynn, Norfolk. PE30 4AY

## DEACON SHAUN MORRISON'S WEEKLY BULLETIN

### Sacred Paschal Triduum — March 28, 2024

Dear Friends,

My prayers for you as we journey together over the next few days in the celebration of the Sacred Paschal Triduum.

#### From the Missal:

In the Sacred Triduum, the Church solemnly celebrates the greatest mysteries of our redemption, keeping means of special celebrations the memorial of the Lord, crucified, buried and risen.

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#### This evening:

**Thursday of the Lord's Supper**  
**(Maundy Thursday) (28th March)**

**Mass is at 8pm at Our Lady's Church with watching at the Altar of Repose until Midnight with Compline at 11.50pm.**

#### From the Missal for today:

*If we listen attentively to the Gospel, we can discern two different dimensions in the event of the washing of the feet. The cleansing that Jesus offers his disciples is first and foremost simply his action-the gift of purity, of the "capacity for God" that is offered to them. But the gift then becomes a model, the duty to do the same for one another. The gift and example overall, which we find in the passage on the washing of the feet, is a characteristic of the nature of Christianity in general. Christianity is not a type of moralism, simply a system of ethics. It does not originate in our action, our moral capacity.*

*Christianity is first and foremost a gift: God gives himself to us-he does not give something, but himself. And this does not only happen at the beginning, at the moment of our conversion. He constantly remains the One who gives. He continually offers us his gifts. He always precedes us. This is why the central act of Christian being is the Eucharist: gratitude for having been gratified, joy for the new life that he gives us.*

*Pope Benedict XVI*

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**Live stream - Mass of the Lord's Supper**  
**For Mass in Our parish at Our Lady's at 8pm:**

**The YouTube link is:**

<https://www.youtube.com/live/P6UUtLPwcVg?si=u9uuVUSuPoq16V-W>

**The Cathedral of St. John the Baptist, Norwich**  
**Mass at 7pm**

<http://www.sjbcathedral.org.uk/>

**The YouTube link is:**

<https://www.youtube.com/live/fKpggTDoPp4?si=ZT5ibNNu6ByxvOTN>

**Catholic National Shrine and Basilica of Our Lady - Walsingham**  
**Mass at 7pm.**

<https://www.walsingham.org.uk/live-stream/>

**Westminster Cathedral**  
**Mass at 6pm.**

<https://westminstercathedral.org.uk/spiritual-life/watch-a-mass/>

<https://www.youtube.com/live/wKSQD4khanE?si=tCaSK9v-MLjZ66Sn>

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#### Good Friday-(29th March)

*"Behold the wood of the Cross, on which hung the salvation of the world.  
Come, let us adore"*

- 9am Our Lady's Church- Tenebrae
- 3pm at Holy Family Church- LITURGY OF THE LORD'S PASSION.
- 7pm at Our Lady's Church-Mater Desolata.

Live Stream of the Liturgy of the Lord's Passion:

**The Cathedral of St. John the Baptist, Norwich**  
**At 3pm.**

<http://www.sjbcathedral.org.uk/>

**The YouTube link is:**

<https://www.youtube.com/live/hDHZ18UGQvI?si=ubGhW0NpmT90j0Iv>

Perhaps during the course of Good Friday you may want to listen to When I survey the Wondrous Cross. Here is a link to a version on you tube:

<https://youtu.be/mDkuxEIcpdI?si=sYYOcxntaPAD2t3e>

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The link to our YouTube channel is:

<https://www.youtube.com/channel/UC8V030I7usRZiKoTlrwBAKg>

And the link to our Parish Website:

<http://www.catholicparish-kingslynn.org.uk/>

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God bless

**Shaun**

**Deacon Shaun Morrison**

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