



Catholic Parish of King's Lynn

Church of Our Lady of the Annunciation

London Road, King's Lynn, Norfolk. PE30 5HQ

Holy Family Church

Field Lane, Gaywood, King's Lynn, Norfolk. PE30 4AY

DEACON SHAUN MORRISON'S WEEKLY BULLETIN

Sunday, September 21, 2025

Dear Friends,

Today is the 25th Sunday in Ordinary Time.

"Praise the Lord, who raises the poor"

The link for the live stream of the **11.30am Mass from Our Lady's** is:

<https://youtube.com/live/HX4szVMmFoU?feature=share>

From the Office of Readings for Week 25 of the Year: Sunday:

A reading from the sermon of St. Augustine on the Shepherds

Weak Christians

You have failed to strengthen the weak, says the Lord. He is speaking to wicked shepherds, false shepherds, shepherds who seek their own concerns and not those of Christ. They enjoy the bounty of milk and wool, but they take no care at all of the sheep, and they make no effort to heal those who are ill. I think there is a difference between one who is weak (that is, not strong) and one who is ill, although we often say that the weak are also suffering from illness.

My brothers, when I try to make that distinction, perhaps I could do it better and with greater precision, or perhaps someone with more experience and insight could do so. But when it comes to the words of Scripture, I say what I think so that in the meantime you will not be deprived of all profit. In the case of the weak sheep, it is to be feared that the temptation, when it comes, may break him. The sick person,

however, is already ill by reason of some illicit desire or other, and this is keeping him from entering God's path and submitting to Christ's yoke.

There are men who want to live a good life and have already decided to do so, but are not capable of bearing sufferings even though they are ready to do good. Now it is a part of the Christian's strength not only to do good works but also to endure evil. Weak men are those who appear to be zealous in doing good works but are unwilling or unable to endure the sufferings that threaten. Lovers of the world, however, who are kept from good works by some evil desire, lie sick and listless, and it is this sickness that deprives them of any strength to accomplish good works.

The paralytic was like that. When his bearers could not bring him in to the Lord, they opened the roof and lowered him down to the feet of Christ. Perhaps you wish to do this in spirit: to open the roof and to lower a paralytic soul down to the Lord. All its limbs are lifeless, it is empty of every good work, burdened with its sins, and weak from the illness brought on by its evil desires. Since all its limbs are helpless, and the paralysis is interior, you cannot come to the physician. But perhaps the physician is himself concealed within; for the true understanding of Scripture is hidden. Reveal therefore what is hidden, and thus you will open the roof and lower the paralytic to the feet of Christ.

As for those who fail to do this and those who are negligent, you have heard what was said to them: *You have failed to heal the sick;*

*you have failed to bind up what was broken. Of this we have already spoken. Man was broken by terrible temptations. But there is at hand a consolation that will bind what was broken: **God is faithful. He does not allow you to be tempted beyond your strength, but with the temptation he will also provide the way of escape, that you may be able to endure it.***

Responsory

℟. To the weak I displayed weakness, in order to win them over.* Indeed, I have become everything in turn to men of every sort, so that in one way or another I might save some of them.

℣. I do all this for the sake of the gospel, to take my part in proclaiming it.* Indeed, I have become everything in turn to men of every sort, so that in one way or another I might save some of them.

Source: <https://universalis.com/europe.england.eastanglia/20250921/readings.htm>

Today is also Evangelii Gaudium Day.

Source: <https://www.cbcew.org.uk/evangelii-gaudium-sunday/>

Evangelii Gaudium Sunday is celebrated each year on the Third Sunday in September. We proclaim the unique message of the Gospel that brings joy to all people who receive it with an open heart.

Evangelii Gaudium Sunday 2025

This year, the Church has been celebrating a significant anniversary. It's 1,700 years since the Council of Nicaea. This great gathering of Bishops from around the Church began the work to formulate the creed we proclaim Sunday by Sunday. It is the content of this creed that is our mission, so that we may know and love God in this life, in order to be happy with him forever in the next. The creed begins with a profound proclamation, "I believe..." This is the theme for Evangelii Gaudium Sunday 2025.

Today at 4pm at Our Lady's Church there is Vespers and Benediction followed by a meeting of the parish in the Wigglesworth Room to set about the formation of a Parish Council and to consider the development of the parish.

St. Martha's News is attached for you.

Tuesday 23rd September is the Memorial of St. Pius of Pietrelcina, Priest

He was born in the small village of Pietrelcina in southern Italy, and joined the Capuchin friars at the age of 16. He became a priest seven years later, and spent fifty years at the monastery of San Giovanni Rotondo, where he was very much sought after as a spiritual advisor, confessor, and intercessor. Many miracles were popularly ascribed to him during his lifetime. He died a few days after the fiftieth anniversary of his receiving the stigmata, and over 100,000 people attended his funeral.

Source: <https://universalis.com/europe.england.eastanglia/20250923/today.htm>

Wednesday 24th September is the Solemnity of Our Lady of Walsingham, Principal Patron of the Diocese.

Mass is at 9.30am at Holy Family Church with St. Martha's School.

From the Office of Readings for Our Lady of Walsingham from Universalis.

A homily of St John Paul II given at Wembley Stadium, London, 29 May 1982

England, "The Dowry of Mary"

After the Ascension the Apostles went back to the Upper Room, where Jesus had instituted the Eucharist and where he had declared that the law of love is the first and

most essential of his commandments. And there they “joined in continuous prayer, together with several women, including Mary the mother of Jesus, and with his brothers”. This evening we have gathered here in a similar spiritual atmosphere. On the eve of Pentecost I am celebrating this Mass with you. Together we shall renew our baptismal promises as an offering of ourselves to our heavenly Father, joined to the sacrificial offering of Christ in the Eucharist.

Let us reflect together on the word of God. The Apostles in the Upper Room were afraid. They prayed. And we too pray, for we are beset by fears and weaknesses: “We groan inwardly as we wait for our bodies to be set free”; we too wait in patience for the Spirit to come to help us in our weakness.

Together we shall renew our baptismal promises. We shall reject sin, and the glamour of evil, and Satan, the father of sin and prince of darkness. We shall profess our faith in the One God, in his Son, our Saviour Jesus Christ, in the coming of the Holy Spirit, in the Church, in life everlasting.

And we shall be responsible for the words we say, and be bound by an alliance with our God.

Brothers and sisters! In order to be faithful to this alliance we must be a people of prayer and deep spirituality. Our society needs to recover a sense of God’s loving presence, and a renewed sense of respect for his will.

Let us learn this from Mary our Mother. In England, “the Dowry of Mary”, the faithful, for centuries, have made pilgrimage to her shrine at Walsingham. Today Walsingham comes to Wembley, and the statue of Our Lady of Walsingham, present here, lifts our minds to meditate on our Mother. She obeyed the will of God fearlessly and gave birth to the Son of God by the power of the Holy Spirit. Faithful at the foot of the Cross, she then waited in prayer for the Holy Spirit to descend on the infant Church. It is Mary

who will teach us how to be silent, how to listen for the voice of God in the midst of a busy and noisy world. It is Mary who will help us to find time for prayer. Through the Rosary, that great Gospel prayer, she will help us to know Christ. We need to live as she did, in the presence of God, raising our minds and hearts to him in our daily activities and worries.

Brothers and sisters, to be faithful to our alliance with God we must be, not only a people that prays, but also a people that does the will of the heavenly Father. Again it is Mary who teaches us how. Through her obedience she accepted the whole of God’s plan for her life. And in doing so she achieved greatness. “Blessed is she who believed that there would be a fulfilment of what was spoken to her from the Lord”.

Responsory

- ℟. Truly blessed are you among women, for God has made his dwelling within you.* You will consecrate many peoples to the Lord.
- ℣. You bore in your womb him whom the heavens could not contain.* You will consecrate many peoples to the Lord.

Source: <https://universalis.com/europe.england.eastanglia/20250924/readings.htm>

Saturday 27th September is the Memorial of St. Vincent de Paul, Priest.

A writing of St Vincent de Paul:

Serving the poor is to be preferred above all things

Even though the poor are often rough and unrefined, we must not judge them from external appearances nor from the mental gifts they seem to have received. On the contrary, if you consider the poor in the light of faith, then you will observe that they are taking the place of the Son of God who chose to be poor.

Although in his passion he almost lost the appearance of a man and was considered a fool by the Gentiles and a stumbling block by the Jews, he showed them that his mission was to preach to the poor: He sent me to preach the good news to the poor. We also ought to have this same spirit and imitate Christ's actions, that is, we must take care of the poor, console them, help them, support their cause.

Since Christ willed to be born poor, he chose for himself disciples who were poor. He made himself the servant of the poor and shared their poverty. He went so far as to say that he would consider every deed which either helps or harms the poor as done for or against himself. Since God surely loves the poor, he also loves those who love the poor. For when one person holds another dear, he also includes in his affection anyone who loves or serves the one he loves. That is why we hope that God will love us for the sake of the poor. So when we visit the poor and needy, we try to understand the poor and weak. We sympathise with them so fully that we can echo Paul's words: I have become all things to all men. Therefore, we must try to be stirred by our neighbours' worries and distress. We must beg God to pour into our hearts sentiments of pity and compassion and to fill them again and again with these dispositions.

It is our duty to prefer the service of the poor to everything else and to offer such service as quickly as possible. If a needy person requires medicine or other help during prayer time, do whatever has to be done with peace of mind. Offer the deed to God as your prayer. Do not become upset or feel guilty because you interrupted your prayer to serve the poor. God is not neglected if you leave him for such service. One of God's works is merely interrupted so that another can be carried out. So when you leave prayer to serve some poor person, remember that this very service is performed for God. Charity is certainly greater than any rule. Moreover, all rules

must lead to charity. Since she is a noble mistress, we must do whatever she commands. With renewed devotion, then, we must serve the poor, especially outcasts and beggars. They have been given to us as our masters and patrons.

Source: <https://universalis.com/europe.england.eastanglia/20250927/readings.htm>

CTS New Weekday Missal & Daily Missal

The Catholic Truth Society has published New Daily and Weekday Missals.

For further information please click into the following links:

<https://www.ctsbooks.org/product/weekday-missal/>

<https://www.ctsbooks.org/product/daily-missal/>

Homily for the Requiem Mass for Katharine, The Duchess of Kent

Bishop James Curry, Auxiliary Bishop of Westminster, preached at the Requiem Mass for Katharine, The Duchess of Kent, in Westminster Cathedral on Tuesday, 16 September. The Full Homily for you:

Dear friends,

The warmth of the tributes that have been paid at the passing of HRH the Duchess of Kent, known to so many as Katharine, shows the level of affection and respect in which she was, and is still, held. Her death is mourned, her life recalled and praised, both in public tributes and by the many charities with which she worked so selflessly. The presence of Your Majesties, Their Royal Highnesses the Prince and Princess of Wales along with the Princess Royal, and so many members of the Royal Family is eloquent testimony to your affection and respect for this woman of grace, beauty and determination.

The presence of many friends,

representatives of charities and organisations with which the late Duchess was connected echoes those same sentiments. Many of you will know Katharine from her patronage, work and involvement with the Armed Forces, and her regiments. The young Duchess of course knew life as a military wife. Our Quaker friends, and indeed the Trappist Monks, have a saying: Something has to be really good to replace silence. There is much wisdom in that saying. Often in the face of death we find ourselves at a loss as to what to say. More often than not, our presence, our embrace, our kindness is more important than the words we speak. Yet we find that we cannot remain silent. Words are often clumsy. Please forgive any clumsiness in these words.

Death, when it comes, is always like a thief in the night. No matter how well prepared we are, death robs us of a person, a person we now can no longer hold or touch. Death always leaves unfinished business, loose ends and incomplete conversations. It leaves a painful absence that rarely heals completely. Reflecting on this pain and the many ways it touches our lives the late Cardinal Basil Hume pointed to the Cross of Jesus Christ. He invited us to see that "Behind every crucifix stands our Risen Lord. Hidden in every suffering and pain is the joy of closer union with Him. His is the victory. He invites us to share it."

That is to say, Jesus of Nazareth, the Risen One, embodies the hope offered to all of us, that our lives are more than simply sunrise and sunset; not just toil and heartache; that we are, all of us, caught up in the eternity of God's loving embrace. The Cardinal continued: "And when we see God in all His beauty we will be able to whisper into the ear of a merciful and compassionate God the story of my life which I had never been able to tell. Death is only the way which leads us to the vision of God... It is in heaven that we shall rest in Him and our hearts will be restless until they rest in God."

Katharine knew this restlessness. She understood the needs to which it gives rise. In an interview for an ITN programme featuring her work with a children's hospice she was asked why she spent so much time talking with those in the hospice. Katharine answered: "I have learnt that tears and smiles walk side-by-side". Indeed, at a time such as this, our tears of sadness, loss and regret, become mixed with our smiles of remembrance, of our shared laughter, of the silly, loving moments when we so enjoyed each other's company, lost in wonder and embrace. Katharine experienced, as every heart does, upset, disappointment, and heartache. Yet she also knew the joy of living. She experienced and gave compassion, empathy, forgiveness and reconciliation. She also had a mischievous sense of humour and so many of you today will cherish memories of your encounters with her. You may have heard the story of a woman who thought she had spotted someone she knew in a well-known Knightsbridge store; she rushed up to embrace her acquaintance, asking how she was. Katharine, recovering quickly, said she was "fine, and I hope you are too." The woman, realising her mistake, began to apologise. The Duchess completely unfazed smiled and said, "it was lovely to meet you."

In this funeral Mass, Katharine's family are surely at the centre of our prayers: Your Royal Highness, George, Helen, Nicholas and your families. There is such sadness today at the passing of a wife, mother, grandmother, an attentive Godmother, and a dear, dear friend.

Katharine was fortified by the Rites of the Church. She died surrounded with prayer, love and cared for by her family. I know that the family are immensely grateful for all who helped care for the Duchess in these recent years. The Worsley family, who have a special place here today, will also have their own memories of Katharine, a Yorkshire Rose who was famous for her great love of Yorkshire, the people and landscape, delighting in God's creation. Was it mere

coincidence that a nearby neighbour to the family in Yorkshire should be a young Benedictine monk who would go on to become the Abbot of Ampleforth and later Archbishop of Westminster, Basil Hume? The Cardinal would play an important role in the Duchess's life when, in 1994, she was received into full communion with the Catholic Church. When Lady Katharine, as the Cardinal called her, took this step, she was ever grateful for the gracious consent of her late Majesty the Queen, whom the Duchess continued to serve with love, admiration and loyalty. Guided by Cardinal Hume and others Katharine continued a personal spiritual journey that had begun for her in the Church of England. As is true for every human soul, that spiritual journey involved a search for wholeness, healing, inner peace and, ultimately, for God.

Music of all genres, and its healing power, was a passion for Katharine Kent. It is said that "when the angels play music for God, they play Bach, but when they play music for themselves, they play Mozart." I hope heaven is ready for a rapping Duchess. Katharine gave her name, time and empathy to so many charities in all parts of the country. Supporting and encouraging the musical education of children in East Hull students at The Royal Northern College of Music, and caring for the sick and the elderly, whether on the Lourdes Pilgrimage, in a hospice or a day shelter for homeless people. What a sight it was to see Lady Katharine with a mop cleaning out the lavatory or relaxing and laughing with other pilgrims in the sunshine enjoying an ice cream. Lady Katharine also trained to work with the Samaritans and was a Co-Founder of the charity Future Talent. Mrs Kent loved teaching children, knowing that a classroom is full of learners. Too often young lives, and ours, are solely defined by hurt, wounds and disappointments. With Future Talent the Duchess, Mrs Kent, wanted those young persons to have the opportunity to be defined by the gift, potential and promise they possess, and to give them the

opportunity to flourish.

And who could ever forget that Wimbledon moment at the Ladies' Final with Jana Novotná. When questioned by the press about the embrace Katharine simply said, "We are human you know! It's what you do when someone needs comfort." The great Spanish spiritual Mystic, St John of the Cross, reminds us that in the evening of our lives we will be judged by our love.

"I have learnt that tears and smiles walk side-by-side". There is sadness today, and there is also gratitude for a life lived with dignity, bravery and faith. We entrust Katharine's soul to your goodness, Lord. Console the hearts of all those who love her in the hope that she, all who trust in you, will find rest and peace in your kingdom. Amen

Bishop James Curry

Auxiliary Bishop
Diocese of Westminster

Source: <https://www.cbcew.org.uk/homily-katharine-duchess-of-kent-funeral/>

Ordinariate Podcast

Please see the following link for this week's podcast:

<https://youtu.be/q0ZFci6ZX8>

The link to our YouTube channel is:
<https://www.youtube.com/channel/UC8V030I7usRZiKoTlrwBAKg>

And the link to our Parish Website:
<https://cpkl.org>

God bless,

Shaun

Deacon Shaun Morrison

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