



# Catholic Parish of King's Lynn

Church of Our Lady of the Annunciation  
London Road, King's Lynn, Norfolk. PE30 5HQ

Holy Family Church  
Field Lane, Gaywood, King's Lynn, Norfolk. PE30 4AY

## DEACON SHAUN MORRISON'S WEEKLY BULLETIN

Sunday March 26, 2023

Dear Friends, Good morning to you.



Have you remembered to put forward your clocks? Welcome to British Summer Time.

Today is the Fifth Sunday of Lent.

*I am the resurrection and the life, says the Lord, whoever believes in me will never die.*

It is Psalter Week 1 for the Divine Office.

The YouTube link for the 11.30am Mass at Our Lady's is:  
<https://www.youtube.com/live/HzHrhTzYA3A?feature=share>

From the Office of Readings for today:

A reading from the Easter letters of St Athanasius

*We keep the Lord's feast **which is coming**, not in word but in action*

The Word who became all things for us is close to us, our Lord Jesus Christ who promises to remain with us always. He cries out, saying: "See, I am with you all the days of this age." He is himself the shepherd, the high priest, the way and the door, and has become all things at once for us. In the same way, he has come among us as our feast and holy day as well. The blessed Apostle says of him who was awaited: "Christ has been sacrificed as our Passover." It was Christ who shed his light on the psalmist as he prayed: "You are my joy, deliver me from those surrounding me." True joy, genuine festival, means the casting out of wickedness. To achieve this one must live a life of perfect goodness and, in the serenity of the fear of God, practise contemplation in one's heart.

This was the way of the saints, who in their lifetime and at every stage of life rejoiced as at a feast. Blessed David, for example, not once but seven times rose at night to win God's favour through prayer. The great Moses was full of joy as he sang God's praises in hymns of victory for the defeat of Pharaoh and the oppressors of the Hebrew people. Others had hearts filled always with gladness as they performed their sacred duty of worship, like the great Samuel and the blessed Elijah. Because of their holy lives they gained freedom, and now keep festival in heaven. They rejoice after their pilgrimage in shadows, and now distinguish the reality from the promise.

When we celebrate the feast in our own day, what path are we to take? **As we draw near to this feast, who is to be our guide?** Beloved, it must be none other than the one whom you will address with me as our Lord Jesus Christ. He says: "I am the way." As blessed John tells us: it is Christ "who takes away the sin of the world." It is he who purifies our souls, as the prophet Jeremiah says: "Stand upon the ways; look and see which is the good path, and you will find in it the way of amendment for your souls."

In former times the blood of goats and the ashes of a calf were sprinkled on those who were unclean, but they were able to purify only the body. Now through the grace of God's Word everyone is made abundantly clean. If we follow Christ closely we shall be allowed, even on this earth, to stand as it were on the threshold of the heavenly Jerusalem, and enjoy the contemplation of that everlasting feast, like the blessed apostles, who in following the Saviour as their leader, showed, and still show, the way to obtain the same gift from God. They said: "See, we have left all things and followed you." We too follow the Lord, and we keep his feast by deeds rather than by words.

### Responsory

- ℟. Jesus has entered heaven before us and on our behalf, a lamb without blemish.\* He has become high priest of the order of Melchizedek, for ever and ever.
- ℣. Look, there is the Lamb of God: it is he who takes away the sin of the world.\* He has become high priest of the order of Melchizedek, for ever and ever.

## Lenten Reflections 2023

The Lenten series of addresses from EWTN are on YouTube.

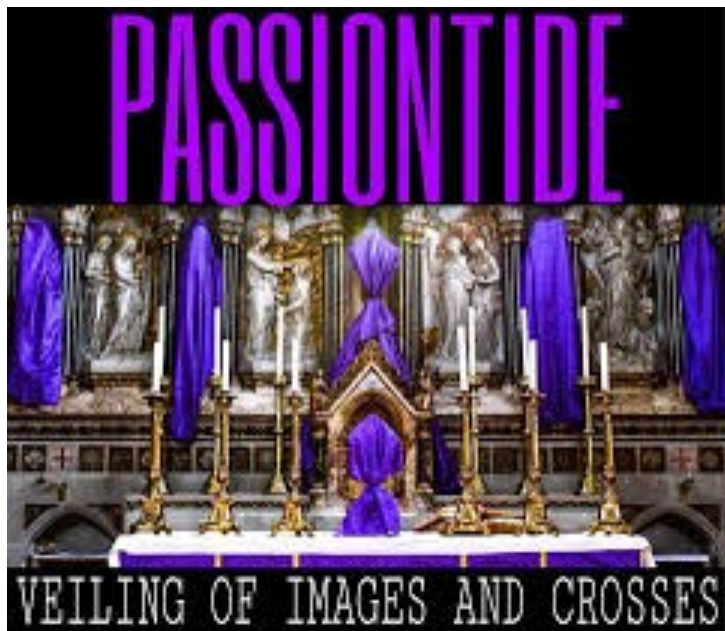
For Lent 5: **Christ Gives Lazarus New Life**

The link is:

<https://youtu.be/2DeouQEL40c>

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We now enter into Passiontide:



Passiontide is a name for the last two weeks of Lent, beginning on the Fifth Sunday of Lent, and ending on Holy Saturday.

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The link to our YouTube channel is:

<https://www.youtube.com/channel/UC8V030I7usRZiKoTlrwBAKq>

And the link to our Parish Website:

<http://www.catholicparish-kingslynn.org.uk/>

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God bless

**Shaun**

Deacon Shaun Morrison

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