



Catholic Parish of King's Lynn

Church of Our Lady of the Annunciation
London Road, King's Lynn, Norfolk. PE30 5HQ

Holy Family Church
Field Lane, Gaywood, King's Lynn, Norfolk. PE30 4AY

DEACON SHAUN MORRISON'S WEEKLY BULLETIN

Sunday, February 18, 2024

Dear Friends,
Good morning to you.



Today is the First Sunday of Lent.

"Your ways, Lord, are faithfulness and love for those who keep your covenant"

The link for the live stream of the 11.30am Mass from Our Lady's is:

<https://www.youtube.com/live/L9aS5crkIZE?si=niqLQLk8EltjtlP3>

From the Office of Readings for the First Sunday of Lent.

A reading from the discourses of St. Augustine on the Psalms.

In the person of Christ we were tempted and we overcame the devil.

Hear, O God, my petition, listen to my prayer. Who is speaking? An individual, it seems. See if it is an individual: *I cried out to you from the ends of the earth while my heart was in anguish.* Now it is no longer one person; rather, it is one in the sense that Christ is one, and we are all his members. What single individual can cry from the ends of the earth? The one who cries from the ends of the earth is none other than the Son's inheritance. It was said to him: *Ask of me, and I shall give you the nations as your inheritance, and the ends of the earth as your possession.* This possession of Christ, this inheritance of Christ, this body of Christ, this one Church of Christ, this unity that we are, cries from the ends of the earth. What does it cry? What I said before: *Hear, O God, my petition, listen to my prayer; I cried out to you from the ends of the earth.* That is, I made this cry to you *from the ends of the earth*; that is, on all sides.

Why did I make this cry? *While my heart was in anguish.* The speaker shows that he is present among all the nations of the earth in a condition, not of exalted glory but of severe trial.

Our pilgrimage on earth cannot be exempt from trial. We progress by means of trial. No one knows himself except through trial, or receives a crown except after victory, or strives except against an enemy or temptations.

The one who cries from the ends of the earth is in anguish, but is not left on his own. Christ chose to foreshadow us, who are his body, by means of his body, in which he has died, risen and ascended into heaven, so that the members of his body may hope to follow where their head has gone before.

He made us one with him when he chose to be tempted by Satan. We have heard in the gospel how the Lord Jesus Christ was tempted by the devil in the wilderness. Certainly Christ was tempted by the devil. In Christ you were tempted, for Christ received his flesh from your nature, but by his own power gained salvation for you; he suffered death in your nature, but by his own power gained glory for you; therefore, he suffered temptation in your nature, but by his own power gained victory for you.

If in Christ we have been tempted, in him we overcome the devil. Do you think only of Christ's temptations and fail to think of his victory? See yourself as tempted in him, and see yourself as victorious in him. He could have kept the devil from himself; but if he were not tempted he could not teach you how to triumph over temptation.

Responsory

- ℟. They will fight against you but shall not overcome you,* for I am with you to deliver you – it is the Lord who speaks.
- ℣. You shall not fall a victim to the sword: your life shall be safe,* for I am with you to deliver you – it is the Lord who speaks.

Thursday **22nd February** is the Feast of The Chair of St. Peter the Apostle.

From the Office of Readings:

From a sermon of Saint Leo the Great, Pope

The Church of Christ rises on the firm foundation of Peter's faith

Out of the whole world one man, Peter, is chosen to preside at the calling of all nations, and to be set over all the apostles and all the fathers of the Church. Though there are in God's people many shepherds, Peter is thus appointed to rule in his own person those whom Christ also rules as the original ruler. Beloved, how great

and wonderful is this sharing of his power that God in his goodness has given to this man. Whatever Christ has willed to be shared in common by Peter and the other leaders of the Church, it is only through Peter that he has given to others what he has not refused to bestow on them.

The Lord now asks the apostles as a whole what men think of him. As long as they are recounting the uncertainty born of human ignorance, their reply is always the same.

But when he presses the disciples to say what they think themselves, the first to confess his faith in the Lord is the one who is first in rank among the apostles.

Peter says: *"You are the Christ, the Son of the living God."* Jesus replies: *"Blessed are you, Simon Bar-Jona, for flesh and blood has not revealed it to you, but my Father who is in heaven."* You are blessed, he means, because my Father has taught you. You have not been deceived by earthly opinion, but have been enlightened by inspiration from heaven. It was not flesh and blood that pointed me out to you, but the one whose only-begotten Son I am.

He continues: *And I say to you.* In other words, as my Father has revealed to you my godhead, so I in my turn make known to you your pre-eminence. *You are Peter:* though I am the inviolable rock, the cornerstone that makes both one, the foundation apart from which no one can lay any other, yet you also are a rock, for you are given solidity by my strength, so that which is my very own because of my power is common between us through your participation.

And upon this rock I will build my Church, and the gates of hell shall not prevail against it. On this strong foundation, he says, I will build an everlasting temple. The great height of my Church, which is to penetrate the heavens, shall rise on the firm foundation of this faith.

The gates of hell shall not silence this confession of faith; the chains of death shall not bind it. Its words are the words of life. As they lift up to heaven those who profess them, so they send down to hell those who contradict them.

Blessed Peter is therefore told: *To you I will give the keys of the kingdom of heaven. Whatever you bind on earth is also bound in heaven. Whatever you loose on earth shall be loosed also in heaven.*

The authority vested in this power passed also to the other apostles, and the institution established by this decree has been continued in all the leaders of the Church. But it is not without good reason that what is bestowed on all is entrusted to one. For Peter received it separately in trust because he is the prototype set before all the rulers of the Church.

Stations of the Cross

Each Friday during Lent at 11.30am (Prior to 12 Noon Mass) at Our Lady's Church there is the opportunity for you to attend Stations of the Cross.



And the SVP will be having the Stations of the Cross after 9.30am Mass on Thursday 22nd February.

Daily Mass

During the homily on Ash Wednesday Fr. Peter gave us a Lenten challenge of attending a daily Mass (as well as Sunday Mass) Mass times this week are:

Monday 19th February

12 noon at Our Lady's Church (Mass intention-Helena Blankson)

Tuesday 20th February

4pm at the Sacred Space at the Queen Elizabeth Hospital (Mass intention-Holy Souls)

Wednesday 21st February

12 noon at Our Lady's Church - (Mass intention-Holy Souls)

Thursday 22nd February

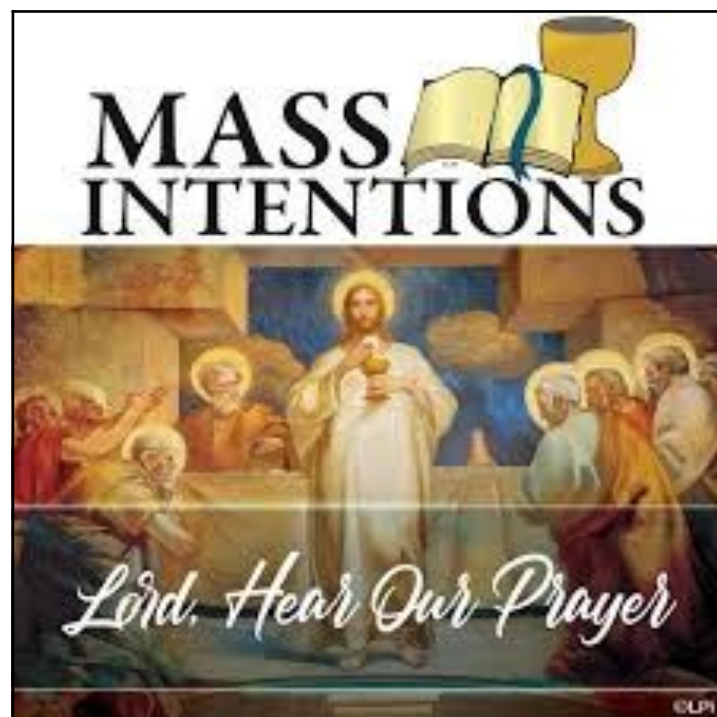
9.30am at Holy Family Church - (Mass intention-Holy Souls)

Friday 23rd February

12 noon at Our Lady's Church - (Mass intention-Holy Souls)

Saturday 24th February

10am at Holy Family Church -(Mass intention-Eamonn Payne RIP)



Sometimes I get asked the question - what is a Mass intention? and I was interested in what I could find on the internet which was the following:

There is a long and venerable tradition in the Catholic Church that the faithful ask their priests to celebrate Holy Mass for particular, specified intentions.

Why have intentions at Mass?

Holy Mass makes present the mystery of Christ's death and resurrection. There is no greater prayer, because the Mass is the perfect offering of the Son of God to his heavenly Father. In offering Mass for a specific intention, the priest prays to God that the fruits of Christ's redemptive sacrifice be applied to the requested intention, for the spiritual and temporal good of the person(s) concerned.

The Tradition of Mass Intentions:

It is a longstanding Catholic tradition to have Masses offered for a

particular intention, for the living and the dead. Mass Cards can be sent to comfort relatives, friends and loved ones. We do this because our Catholic faith is centred on Mass and the Eucharist, the source of our life in Christ.

The tradition began in the early Church when the faithful would donate bread and wine for the Eucharist. In time donations of money were substituted which would support the clergy in their ministry. Thus the priest would accept a stipend for a specific intention.

Masses can be offered for the living and the dead.

If you need any further information please do ask me and I would be happy to help.

If you want to ask for a Mass intention and make an offering envelopes for this are available in Holy Family and Our Lady's Church and If you wish to have a Mass offered for your intention on a specific day/time please book it well in advance as Mass offerings for specific days can sometimes be filled quickly. Thank you.

Dates for your diary:

From the newsletter:

DEANERY STATION MASS

Bishop Peter will be coming to Holy Family Church on **Tuesday 27th February** to celebrate the Lent Station Mass at **7pm**. This will be preceded by Exposition of the Blessed Sacrament and Confessions from **6pm**. After Mass there will be a light supper. Volunteers are needed to help with this.

It was fun dog walking this morning. For all dog walkers I thought you may appreciate this picture:

