



Catholic Parish of King's Lynn

Church of Our Lady of the Annunciation

London Road, King's Lynn, Norfolk. PE30 5HQ

Holy Family Church

Field Lane, Gaywood, King's Lynn, Norfolk. PE30 4AY

DEACON SHAUN MORRISON'S WEEKLY BULLETIN

Sunday, October 29, 2023

Dear Friends,

Good morning to you.

Wishing you a lovely autumnal day.

Have you remembered to put your clocks back by 1 hour? We are now in Greenwich Mean Time (GMT).



Today is the **30th Sunday in Ordinary Time**.

"I love you, Lord, my strength."



The YouTube link for the livestream for the **11.30am Mass** from Our Lady's is:

<https://www.youtube.com/live/qEJuM-kohfk?si=pkKAQBRHKs0PSFuC>

From the Office of Readings for the 30th Sunday in Ordinary Time:

A reading from the letter of Pope St Clement I to the Corinthians

The Lord of the Universe has enjoyed peace and harmony for the good of all alike

Let us fix our gaze on the Father and Creator of the whole world, and let us hold on to his peace and blessings, his splendid and surpassing gifts. Let us contemplate him in our thoughts and with our mind's eye reflect upon the peaceful and restrained unfolding of his plan; let us consider the care with which he provides for the whole of his creation.

By his direction the heavens are in motion, and they are subject to him in peace. Day and night fulfil the course he has established without interfering with each other. The sun, the moon and the choirs of stars revolve in harmony at his command in their appointed paths without deviation. By his will the earth blossoms in the proper seasons and produces abundant food for men and animals and all the living things on it without reluctance and without any violation of what he has arranged.

Yet unexplored regions of the abysses and inexpressible realms of the deep are subject to his laws. The mass of the boundless sea, joined together by his ordinance in a single expanse, does not overflow its prescribed limits but flows as he commanded it. For he said: *Thus far shall you come, and your waves will be halted here.* The ocean, impassable for men, and the worlds beyond it are governed by the same edicts of the Lord.

The seasons, spring, summer, autumn and winter, follow one another in

harmony. The quarters from which the winds blow function in due season without the least deviation. And the ever-flowing springs, created for our health as well as our enjoyment, unfailingly offer their breasts to sustain human life. The tiniest of living creatures meet together in harmony and peace. The great Creator and Lord of the universe commanded all these things to be established in peace and harmony, in his goodness to all, and in overflowing measure to us who seek refuge in his mercies through our Lord Jesus Christ; to him be glory and majesty for ever and ever. Amen.

Responsory

- ℟. Master of heaven and earth, Creator of the waters, King of your whole creation,* hear the prayers of your servants.
- ℣. Lord, God of heaven, relieve our distress;* hear the prayers of your servants.

During the Parish meeting last Sunday we talked and listened to one another about roles within the Church. Following this I agreed to write to you to give you something to think about/consider/**pray** about over the next few weeks & to be guided by the Holy Spirit.

Will you consider being an active member of the Church in serving your brothers and sisters in Christ by volunteering?

Much work happens behind the scenes in preparation for the Mass. When worshippers turn up for Mass everything is prepared for the celebration of the Mass-from Church being clean, linen washed and prepared, the Altar dressed with altar cloths, candles, thuribles, chalices, & books etc. all ready, flowers arranged, hymns & music planned, vestments laid out for the Priests.

During the Mass we have servers, readers, people singing in the choir, Extraordinary Ministers of Communion, Stewards, & someone who works the live stream of the 11.30am Sunday Mass from Our Lady's. After the 9.30am Mass at Holy Family, tea and Coffee is made.

We also have volunteers who help with St. Mary's Kitchen on a Saturday. During the week maintenance is carried out like carrying out Health & Safety checks-checking smoke alarms etc and we have money counters to help count the Sunday collections.

Also much more goes on that our parish community is involved in by helping our Churches run for the Glory of God.

On any given Sunday we have over 500 people attending Mass which is great to see & to have a growing Church is wonderful and it is from our number that we have people fulfilling roles which we **give thanks and rejoice** but we do need more people to **come forward to volunteer and help with roles**.

It is one of the wonderful ways that we can give thanks to God for all he has given us and to use our variety of gifts and talents that we have in our Church family/community.

If you are interested in volunteering and want to do more about various roles and what is involved please do email me, or please do speak with any member of the clergy team.

As well as serving our Lord and our brothers and sisters in Christ, volun-

teering has proven benefits. Various Volunteering websites all say similar descriptions of benefits which are:

Provides you with a sense of purpose. ...
Provides a sense of community. ...
Helps you meet new friends. ...
Increases your social skills. ...
Improves self-esteem. ...
Teaches you valuable skills. ...
Brings a sense of service into your life....

More to follow in the coming weeks ... if you are reading this email after the Sunday Masses and have not yet watched the Live Stream please do listen to the homily....

May the Holy Spirit guide us in all we do.



Wednesday 1st November is the Solemnity of All Saints and is an Holyday of Obligation.

Mass times are:

9.30am at Holy Family Church.

7.30pm at Our Lady's Church.

From the Sunday Missal:

The Solemnity of All Saints, which we celebrate today, invites us to raise our gaze to Heaven and to meditate on the fullness of the divine life which awaits us. "We are God's children now; it does not yet appear what we shall be" (1 Jn 3:2): with these words the Apostle John assures us of the reality of our profound relation to God, as too, of the certainty of our destiny. Like beloved children, therefore, we also receive the grace to support the trials of this earthly existence—the hunger and the thirst, for justice, the misunderstandings, the persecutions (Cf. Mt 5:3-11)—and, at the same time we inherit what is promised in the Gospel Beatitudes. The holiness, imprinted in us by Christ himself, is the goal of Christian life. And we have a foretaste of the gift and the beauty of sanctity everytime that we participate in the Eucharistic Liturgy, the communion with the "great multitude" of holy souls, which in Heaven eternally acclaim the salvation of God ad of the Lamb (cf. Rv 7:9-10.)
(Pope Benedict XVI)

Thursday 2nd November is the Commemoration of All the Faithful Departed. (All Souls' Day).

Mass is at 9.30am at Holy Family Church.

From the Sunday Missal:

Today we renew the hope in eternal life, truly founded on Christ's death and Resurrection. "I am risen and I am with you always", the Lord tells us, and my hand supports you. Wherever you may fall, you will fall into my hands and I will be there even to the gates of death. Where no one can accompany you any longer and where you can take nothing with you, there I will wait for you to transform for you, the darkness into light. Christian hope, however, is not solely individual, it is also always a hope for others. Our lives are profoundly linked, one to the other, and the good and the bad that each of us does always affects others too. Hence, the prayer of a pilgrim soul into the world can help another soul that is being purified after death. This is why the Church invites us today to pray for our beloved deceased and to pause at their tombs in the cemeteries.
(Pope Benedict XVI)

Blessing of Graves.

The annual Blessing of Graves at Gayton Road Cemetery will take place next Saturday at 2.30pm. (4th November) Please gather by the Catholic Section.

From the Bishops' Conference of England and Wales:

Synod experiences—

(Source: <https://www.cbcew.org.uk/synod-letter-to-the-people-of-god/>)

Father Jan Nowotnik, our Director of Mission and an expert on 'synodality', speaks to us on the day the members of the General Assembly released their 'Letter to the People of God' explaining the enriching experiences they have lived in communion with all the faithful around the world.

The YouTube link to listen to Fr Jan is:

[Synod Experiences - The mission of the Catholic Church in the 21st Century](#)

The link to the letter to the people of God is:

<https://www.vaticannews.va/en/vatican-city/news/2023-10/letter-to-the-people-of-god.html>

DIARY DATES

18th November Day for Readers and EOMs.

8th December Advent Service

16th December Advent Day of Recollection

The link to our YouTube channel is:

<https://www.youtube.com/channel/UC8V030I7usRZiKoTlrwBAKg>

And the link to our Parish Website:

<http://www.catholicparish-kingslynn.org.uk/>

God bless

Shaun

Deacon Shaun Morrison
