



Catholic Parish of King's Lynn

Church of Our Lady of the Annunciation

London Road, King's Lynn, Norfolk. PE30 5HQ

Holy Family Church

Field Lane, Gaywood, King's Lynn, Norfolk. PE30 4AY

DEACON SHAUN MORRISON'S WEEKLY BULLETIN

Sunday — October 20, 2024



Dear Friends,

If you are reading this email on Saturday evening remember to put your clocks back 1 hour before going to bed.

And if you are reading this on Sunday have you remembered to put your clocks back by 1 hour?

Today is the 30th Sunday in Ordinary Time.

"What marvels the Lord worked for us! Indeed we were glad"

The YouTube link for the livestream for the 11.30am Mass from Our Lady's is:

[https://www.youtube.com/live/JtEB_aZcNmE?
si=Lp5wLW1DMDssAuae](https://www.youtube.com/live/JtEB_aZcNmE?si=Lp5wLW1DMDssAuae)

From the Office of Readings for the 30th Sunday in Ordinary Time:

A reading from the letter of Pope St. Clement I to the Corinthians

The Lord of the universe has enjoyed peace and harmony for the good of all alike

Let us fix our gaze on the Father and Creator of the whole world, and let us hold on to his peace and blessings, his splendid and surpassing gifts. Let us

contemplate him in our thoughts and with our mind's eye reflect upon the peaceful and restrained unfolding of his plan; let us consider the care with which he provides for the whole of his creation.

By his direction the heavens are in motion, and they are subject to him in peace. Day and night fulfil the course he has established without interfering with each other. The sun, the moon and the choirs of stars revolve in harmony at his command in their appointed paths without deviation. By his will the earth blossoms in the proper seasons and produces abundant food for men and animals and all the living things on it without reluctance and without any violation of what he has arranged.

Yet unexplored regions of the abysses and inexpressible realms of the deep are subject to his laws. The mass of the boundless sea, joined together by his ordinance in a single expanse, does not overflow its prescribed limits but flows as he commanded it. For he said: *Thus far shall you come, and your waves will be halted here.* The ocean, impassable for men, and the worlds beyond it are governed by the same edicts of the Lord.

The seasons, spring, summer, autumn and winter, follow one another in harmony. The quarters from which the winds blow function in due season without the least deviation. And the ever-flowing springs, created for our health as well as our enjoyment, unfailingly offer their breasts to sustain human life. The tiniest of living creatures meet together in harmony and peace. The great Creator and Lord of the universe commanded all these things to be established in peace and harmony, in his goodness to all, and in overflowing measure to us who seek refuge in his mercies through our Lord Jesus Christ; to him be glory and majesty for ever and ever. Amen.

Responsory

- ℟. Master of heaven and earth, Creator of the waters, King of your whole creation,* hear the prayers of your servants.
- ℣. Lord, God of heaven, relieve our distress;* hear the prayers of your servants.
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Monday 28th October at 12 Noon at Our Lady's Church is the Funeral of Maureen Doherty.

The family have asked for the Requiem Mass to be livestreamed. The YouTube link is:

<https://youtube.com/live/QNhliYMUiw0?feature=share>

Monday 28th October is the Feast of SS Simon & Jude Apostles.

From Universalis:

St. Simon, Apostle

Simon is eleventh in the list of the twelve Apostles. He is known as Simon the Zealot, but nothing else is known about him. His other name of "Simon Cananaeus" simply adapts another Hebrew word for "zeal" and has nothing to do with the town of Cana.

St. Jude, Apostle

Jude, also called Thaddaeus, is the apostle who at the Last Supper asked the Lord why he showed himself only to the disciples and not to the world. For many centuries he was scarcely venerated because people confused him with Judas Iscariot. He is the patron saint of lost and desperate causes.

Source: <https://universalis.com/europe.england.eastanglia/20241028/today.htm>

Friday 1st November is the Solemnity of All Saints

All Saints Day is a Holy day of Obligation which we should all assist at Mass.

Mass is at:

9:30am at Holy Family Church.

7.30pm at Our Lady's Church.

From the Sunday Missal:

The Solemnity of All Saints, which we celebrate today, invites us to raise our gaze to Heaven and to meditate on the fullness of the divine life which awaits us. "We are God's children now; it does not yet appear what we shall be" (1 Jn 3:2): with these words the Apostle John assures us of the reality of our profound relation to God, as too, of the certainty of our destiny. Like beloved children, therefore, we also receive the grace to support the trials of this earthly existence-the hunger and the thirst, for justice, the misunderstandings, the persecutions (Cf. Mt 5:3-11)-and, at the same time we inherit what is promised in the Gospel Beatitudes. The holiness, imprinted in us by Christ himself, is the goal of Christian life. And we have a foretaste of the gift and the beauty of sanctity everytime that we participate in the Eucharistic Liturgy, the communion with the "great multitude" of holy souls, which in Heaven eternally acclaim the salvation of God ad of the Lamb (cf. Rv 7:9-10.)

(Pope Benedict XVI)

Spiritual Readings will follow later in the week.

Saturday 2nd November is the Commemoration of All the Faithful Departed-All Soul's Day.

Mass is at **10.00am** at Holy Family Church.

From the Sunday Missal:

Today we renew the hope in eternal life, truly founded on Christ's death and Resurrection. "I am risen and I am with you always", the Lord tells us, and my hand supports you. Wherever you may fall, you will fall into my hands and I will be there even to the gates of death. Where no one can accompany you any longer and where you can take nothing with you, there I will wait for you to transform for you, the darkness into light. Christian hope, however, is not solely individual, it is also always a hope for others. Our lives are profoundly linked, one to the other, and the good and the bad that each of us does always affects others too. Hence, the prayer of a pilgrim soul into the world can help another soul that is being purified after death. This is why the Church invites us today to pray for our beloved deceased and to pause at their tombs in the cemeteries.

(Pope Benedict XVI)

Spiritual Readings will follow later in the week.

Encyclical - *Dilexit nos* on the Human and Divine Love of the Heart of Jesus Christ.

Pope Francis has published his fourth encyclical called *Dilexit nos* on the Human and Divine Love of the Heart of Jesus Christ.

From Bishops' Conference of England and Wales:

<https://www.cbcew.org.uk/bishop-welcomes-encyclical-on-sacred-heart-of-jesus/>

Introducing the Encyclical Letter '*Dilexit nos* – He loved us'

The Bishop of Shrewsbury, Bishop Mark Davies, has welcomed Pope Francis' fourth encyclical letter *Dilexit Nos on the Human and Divine Love of the Heart of Jesus Christ*, as a "great gift" saying that, as the Church seeks to grow in communion, participation and mission, "an authentic path of renewal must pass through the Heart of Jesus."

Introducing the encyclical, Bishop Davies wrote, **"the Holy Father offers us a sustained meditation on the Heart of Jesus Christ in the pages of Scripture; in the teaching of the Magisterium; and through the history of devotion to the Sacred Heart, drawing out its profound personal and social implications. In this way, the Pope speaks in continuity with the Church's faith and devotion."**

We have surely received a great gift from Pope Francis in the Encyclical Letter *Dilexit nos*. At a moment in history disturbed by so much turmoil and anxiety, Pope Francis invites us to fix our gaze on the Sacred Heart of Jesus.

Reminding us in the words of his saintly predecessor, Pope John Paul II, "Christ is the heart of the world, and the paschal mystery of his death and resurrection is the centre of history, which because of him, is a history of salvation" (Cf. *Dilexit nos* No. 31). This is the confidence we regain by contemplating and drawing ever closer to the Heart of our Redeemer allowing us to repeat the emphatic words of Saint Paul "He loved us" (*Rom. 8: 37*).

This invitation by Pope Francis is part of a spiritual thread we can trace through his pontificate from the words of his first homily when he reflected: "We can walk as much as we want, we can build many things, but if we do not confess Jesus Christ, things go wrong"

(Homily to the College of Cardinals, 13 March 2013).

At a moment when the Church seeks ways to grow in communion, participation and mission, he indicates in these pages that an authentic path of renewal must pass through the Heart of Jesus. In *Dilexit nos*, the Holy Father offers us a sustained meditation on the Heart of Jesus Christ in the pages of Scripture; in the teaching of the Magisterium; and through the history of devotion to the Sacred Heart, drawing out its profound personal and social implications. In this way, the Pope speaks in continuity with the Church's faith and devotion. It is on this firm basis that he calls for a renewal of devotion to the Heart of Jesus in our time. Indeed, the Holy Father insists "Devotion to Christ's heart is essential for our Christian life to the extent that it expresses our openness in faith and adoration to the mystery of the Lord's divine and human love" (*DN* No. 83).

The Pope notes certain representations of the Sacred Heart might strike us "as tasteless and not particularly conducive to affection or prayer. Yet this is of little importance, since they are only invitations to prayer..." (*DN* No. 57).

In his scriptural meditation, he invites us to always see the unity between "The Christ we see depicted with a pierced and burning heart," and "the same Christ who, for love of us, was born in Bethlehem, passed through Galilee healing the sick, embracing sinners and showing mercy. The same Christ who loved us to the very end..." (*DN* No. 51).

Pope Francis accordingly points us all to the Eucharistic Heart of Jesus and quotes England's newest Saint, John Henry Newman, who "encountered the living heart of Jesus" in the Eucharist and prayed "O most Sacred, most loving Heart of Jesus, Thou art concealed in the Holy Eucharist, and Thou beatest for us still..." (*DN* no.26).

In this encyclical letter, Pope Francis invites us to this encounter and to make the same discovery in our lives.

The Right Reverend Mark Davies Bishop of Shrewsbury

You can download the Holy Father's fourth encyclical, *Dilexit nos on the Human and Divine Love of the Heart of Jesus Christ* through clicking into this link: [Encyclical – Dilexit nos](#)

New Lectionary.

From <https://www.cbcew.org.uk/be-patient-and-the-beauty-of-the-new-lectionary-will-be-revealed/>

Be patient and the beauty of the new lectionary will be revealed.

The new lectionary will come into use on the **First Sunday of Advent**, and people around the country are beginning to receive their copies. General Secretary, Canon Christopher Thomas, speaking on the monthly podcast At the Foot of the Cross, is encouraging Catholics to be patient, to sit with the text – a text designed for proclamation – and to see its beauty.

The link to the Podcast is:

[New lectionary starting to arrive in parishes - Catholic Bishops' Conference](#)

With the New Lectionary comes New Sunday Missals.

I know that many of you have Sunday Missals. There are various on-line sources where you can pre-order a new Sunday Missal if you wish:

Hodder & Stoughton

Description: The official Order of Mass and full scripture readings for every Sunday, using the new ESV-CE Lectionary Translation - in use from Advent 2024.

Price £18.04 (Plus P&P)

Link: <https://uk.bookshop.org/p/books/sunday-missal-the-order-of-mass-for-sundays-new-lectionary-for-use-from-advent-2024-blue-binding-catholic-bishops-conference-of-england-and-wales/7762403?ean=9781399822831>

Redemptorist Publications

Description: Your New Sunday Missal (ESV) The texts for all Sunday services in the Roman Catholic Church for the three-year cycle are included in this Missal.

Price £19.95 (Plus P&P)

Link: <https://www.rpbooks.co.uk/your-new-sunday-missal-esv>

Catholic Truth Society

Description: CTS Missals beautifully present the new texts of the Lectionary. Containing the readings and Order of Mass for every Sunday and solemnity of the liturgical cycle, this beautiful hardback missal with two ribbons will support prayer and devotion in all seasons of life.

Price £19.95 (Plus P&P)

Link: <https://www.ctsbooks.org/product/sunday-missal/>

If you are not a fan of ordering online and you would

like a new Sunday Missal please let me know and we can make arrangements for me to order for you.

Jubilee 2025

There is a Jubilee website which provides further information for the Jubilee year:

<https://www.iubilaeum2025.va/en/giubileo-2025.html>

The Jubilee Prayer:

Father in heaven, may the *faith* you have given us

in your son, Jesus Christ, our brother, and the flame of *charity* enkindled

in our hearts by the Holy Spirit, reawaken in us the blessed *hope*

for the coming of your Kingdom.

May your grace transform us into tireless cultivators of the seeds of the Gospel.

May those seeds transform from within both humanity and the whole cosmos

in the sure expectation of a new heaven and a new earth,

when, with the powers of Evil vanquished, your glory will shine eternally.

May the grace of the Jubilee reawaken in us, *Pilgrims of Hope*,

a yearning for the treasures of heaven. May that same grace spread

the joy and peace of our Redeemer throughout the earth.

To you our God, eternally blessed, be glory and praise for ever.

Amen

Leading up to the Jubilee I will provide further information for you.

The link to our YouTube channel is:

<https://www.youtube.com/channel/UC8V030I7usRZiKoTlrwBAKg>

And the link to our Parish Website:

<http://www.catholicparish-kingslynn.org.uk/>

God bless

Shaun

Deacon Shaun Morrison