



Catholic Parish of King's Lynn

Church of Our Lady of the Annunciation

London Road, King's Lynn, Norfolk. PE30 5HQ

Holy Family Church

Field Lane, Gaywood, King's Lynn, Norfolk. PE30 4AY

DEACON SHAUN MORRISON'S WEEKLY BULLETIN

Sunday, October 19, 2025

Dear Friends,

Today is the 29th Sunday in Ordinary Time.

"The word of God is living and active, discerning the thoughts and intentions of the heart"

The link to the livestream of the 11.30am Mass from Our Lady's is:

<https://youtube.com/live/A0biIeeJYVc?feature=share>

From the Office of Readings for Week 29 of the Year: Sunday:

A reading from the letter of St. Augustine to Proba.

Let our desire be exercised in prayer

Why in our fear of not praying as we should, do we turn to so many things, to find what we should pray for? Why do we not say instead, in the words of the psalm: I have asked one thing from the Lord, this is what I will seek: to dwell in the Lord's house all the days of my life, to see the graciousness of the Lord, and to visit his temple? There, the days do not come and go in succession, and the beginning of one day does not mean the end of another; all days are one, simultaneously and without end, and the life lived out in these days has itself no end.

So that we might obtain this life of happiness, he who is true life itself taught us to pray, not in many words as though speaking longer could gain us a hearing. After all, we pray to one who, as the Lord himself tells us, knows what we need before we ask for it.

Why he should ask us to pray, when he knows what we need before we ask him,

may perplex us if we do not realise that our Lord and God does not want to know what we want (for he cannot fail to know it), but wants us rather to exercise our desire through our prayers, so that we may be able to receive what he is preparing to give us. His gift is very great indeed, but our capacity is too small and limited to receive it. That is why we are told: Enlarge your desires, do not bear the yoke with unbelievers.

The deeper our faith, the stronger our hope, the greater our desire, the larger will be our capacity to receive that gift, which is very great indeed. No eye has seen it; it has no colour. No ear has heard it; it has no sound. It has not entered man's heart; man's heart must enter into it.

In this faith, hope and love we pray always with unwearied desire. However, at set times and seasons we also pray to God in words, so that by these signs we may instruct ourselves and mark the progress we have made in our desire, and spur ourselves on to deepen it. The more fervent the desire, the more worthy will be its fruit. When the Apostle tells us: Pray without ceasing, he means this: Desire unceasingly that life of happiness which is nothing if not eternal, and ask it of him who alone is able to give it.

Responsory

℟. When you seek me, you shall find me – if you search with all your heart.* If you pray to me, I will listen to you.

℣. I know the plans I have in mind for you – plans for peace, not disaster, reserving a future full of hope for you.* If you pray to me, I will listen to you.

Today is World Mission Day.

Pray with the Global Church

World Mission Sunday is our chance to show love and solidarity to our brothers and sisters overseas. In offering our prayers, we join with missionaries everywhere in communion and compassion to support them in spreading the Good News, and by giving a donation we respond to Christ's call to feed the hungry and clothe the naked.

Source: <https://missio.org.uk/what-is-world-mission-sunday/>

In a video message, Pope Leo XIV calls on every Catholic parish to take part in World Mission Sunday, 19 October, recalling how the generosity that day concretely enables and sustains the good work of missionaries worldwide, as he saw firsthand while serving in Peru.

The link to the YouTube Video is:

<https://youtu.be/eEwDtbZxt4c?si=zOK-W28pDNo4TCUO>

Also today, Sunday 19th October 10:30am Rome Time, Pope Leo will celebrate Holy Mass and canonisation of the Blessed:

- Ignatius Choukrallah Maloyan (1869–1915), Armenian Catholic Archbishop of Mardin, martyr;
- Peter To Rot (1912–1945), lay catechist, martyr;
- Vincenza Maria Poloni (1802–1855), founder of the Institute of the Sisters of Mercy of Verona;
- Maria del Monte Carmelo Rendiles Martínez (1903–1977), founder of the Congregation of the Servants of Jesus;
- Maria Troncatti (1883–1969), professed religious of the Daughters of Mary Help of Christians;
- José Gregorio Hernández Cisneros (1864–1919), lay faithful;
- Bartolo Longo (1841–1926), lay faithful.

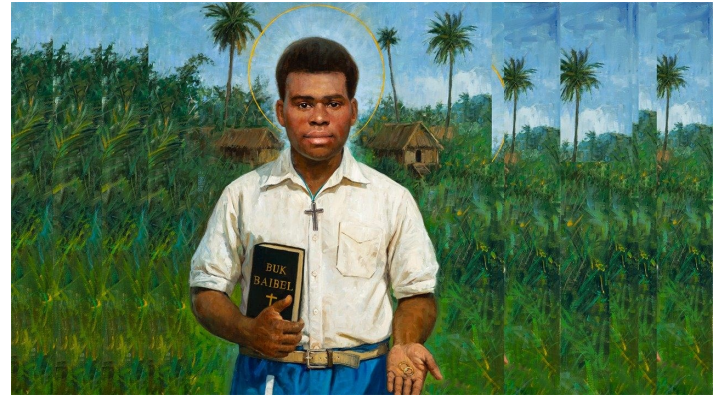
YouTube link for watching Vatican Live:

<https://www.youtube.com/live/EEM7a3mHMR4?si=nkaLHPnYYmbH9p3x>

Each week I will aim to tell you some further

information on each of the above starting today with:

Blessed Peter To Rot:



From Vatican News:

Catholics in Papua New Guinea feel they are living a historic moment. This October, the Catholic Church will canonise Blessed Peter To Rot, making him the nation's first saint. The postulator for his cause sheds light on the saint and his story.

Peter To Rot was born in 1912, the son of a village chief. He was a husband and father of three children, a humble catechist, living an ordinary life deeply rooted in faith. Trained as a catechist, he assumed pastoral responsibilities when missionaries were imprisoned during World War II.

Despite Japanese restrictions on Christian practices, Peter secretly organized catechism classes, prepared couples for marriage, taught children, visited the sick, and distributed Holy Communion across villages, often walking for 5-6 hours to reach them.

He offered himself for the service of the church, and in 1945, he was arrested and martyred for opposing polygamy, following an order executed by the Japanese authorities that wanted to reintroduce the practice. His defense of Christian marriage and morality cost him his life at just 33 years old.

"To Rot was like John the Baptist," said Fr. Ravioli. "He openly told people that it was not lawful to take multiple wives. For this, he was imprisoned and eventually killed. "He defended the sanctity of marriage and died for the truth."

Source: <https://www.vaticannews.va/en/church/news/2025-09/peter-to-rot-canonization-interview-postulator-fr-ravaioli.html>

Month of the Holy Rosary

October is the month of the Holy Rosary when we are encouraged to say part of the Rosary each day. The Rosary is prayed publicly every Friday at 11.30am in the Holy House at Our Lady's and on Saturday after Mass at Holy Family.

Thursday 23rd October is St. John of Capistrano, Priest.

St John of Capistrano (1386 - 1456)

He was born in Capistrano in the Abruzzi in 1386. He studied law at Perugia and for some time held the office of a judge. He joined the Friars Minor and was ordained. He travelled throughout Germany, Poland, Transylvania, Moldavia, and Russia, leading an apostolic life, strengthening Christian morals and combating heresy.

When the Turks were invading Europe in the wake of the fall of Constantinople, they laid siege to Belgrade, then a border fort of the kingdom of Hungary. John preached a crusade against them and took part in the battle on 22 July 1456 in which John Hunyadi, his army and John's peasant crusaders lifted the siege and defeated the Turks, keeping Christian Europe safe from Turkish invasion for the next 70 years.

Plague spread through the camp and John died of it, at Ilok, in what is now Croatia, on 23 October 1456. He is the patron saint of military chaplains.

Source: <https://universalis.com/europe.England.eastanglia/20251023/today.htm>

Friday 24th October is St. Anthony Mary Claret, Bishop

Saint Antony Mary Claret (1807 - 1870)

He was born at Sallent in Catalonia. After becoming a priest he spent several years preaching to the people throughout Catalonia and also in the Canary Islands. Returning to Spain, he established a missionary order, and founded a great religious library and publishing house in Barcelona which published millions of cheap copies of ancient and modern Catholic works. In 1851 the Pope appointed him Bishop of Santiago de Cuba. The diocese was in a terrible state and everything needed reform and renewal. He reorganised the seminary, enforced clerical discipline, and regularised thousands of marriages. He built a hospital and many schools. This was not done without opposition and he was the subject of fifteen assassination attempts.

Recalled to Spain in 1857 by Queen Isabella II to act as her confessor, he did further great work for the Church. His health began to fail, and he died at the Cistercian abbey at Fontfroide.

Source: <https://universalis.com/europe.England.eastanglia/20251024/today.htm>

May Moria Allen Rest in Peace who died on 16th October. Moria was a regular at the 6pm Mass on a Saturday evening and who always liked a good chat. May the Choirs of Angels come to greet her.



The link to our YouTube channel is:
[https://www.youtube.com/channel/
UC8V030I7usRZiKoTlrwBAKg](https://www.youtube.com/channel/UC8V030I7usRZiKoTlrwBAKg)

And the link to our Parish Website:
<https://cpkl.org>

God bless,

Shaun

Deacon Shaun Morrison
