

**PARISH OF  
OUR LADY OF THE ANNUNCIATION  
KING'S LYNN**

**Newsletter for Week Commencing  
Sunday, 10 March 2024  
FOURTH WEEK OF LENT  
Psalter Week 4**

**Lectionary: Sundays = Year B; Weekdays = Year II**

**The Catholic Rectory  
North Everard Street  
King's Lynn  
Norfolk. PE30 5HQ  
Telephone : (01553) 772220**

**CLERGY**

**Parish Priest**  
The Very Reverend Canon  
Peter Rollings VF  
(Rural Dean - St Wilfrid Deanery)  
Email : [parishpriest763@gmail.com](mailto:parishpriest763@gmail.com)

**Assistant Parish Priest**  
Rev. Fr. Gordon Adam (OOLW)

**Deacons**  
Rev. John Belfield  
Rev. Martin L'Estrange  
Rev. Shaun Morrison (OOLW)

**Parish Website :**  
[www.catholicparish-kingslynn.org.uk](http://www.catholicparish-kingslynn.org.uk)

**Safeguarding Representative**  
Email : [safeguardingkl@gmail.com](mailto:safeguardingkl@gmail.com)  
Telephone : 07971955335

**CONFESSIONS**

**Saturdays  
10.30am  
at Holy Family Church  
and  
5.00pm  
at Church of Our Lady of the Annunciation**

**NEWSLETTER**

Email : [ronaldglazebrook@btinternet.com](mailto:ronaldglazebrook@btinternet.com)  
By Wednesday 11.00am please  
In plain "Word" format only

**FOURTH WEEK OF LENT**

**Psalter Week 4**

**Diocesan Cycle of Prayer**  
**Our Lady of the Annunciation, King's Lynn**

**Saturday, March 09**

**Holy Qurbana at 4.30pm**  
Holy Family Church

**Vigil Mass at 6.00pm**  
Church of Our Lady of the Annunciation  
Intentions : Holy Souls

**Sunday, March 10**

**Laetare Sunday**

**Mass at 9.30am**

Holy Family Church  
Intentions : Eileen Griffiths RIP

**Mass at 11.30am**

Church of Our Lady of the Annunciation  
Intentions : People of the Parish

**Holy Qurbana at 11.30am**

Holy Family Church

**Exposition of the Blessed Sacrament at 3.00pm**

Church of Our Lady of the Annunciation

**Vespers and Benediction at 4.00pm**

Church of Our Lady of the Annunciation

**Monday, March 11 - Lent Feria**

**Mass at 9.00am**

Church of Our Lady of the Annunciation  
Intentions : Holy Souls

**Tuesday, March 12 - Lent Feria**

**Mass at 4.00pm**

Queen Elizabeth II Hospital  
Intentions : Holy Souls

**Wednesday, March 13 - Lent Feria**

**Mass at 12.00 noon**

Church of Our Lady of the Annunciation  
Intentions : Holy Souls

**Exposition of the Blessed Sacrament from 12.30pm—1.00pm**

Church of Our Lady of the Annunciation

**Thursday, March 14 - Lent Feria**

**Mass at 9.30am**

Holy Family Church  
Intentions : Holy Souls

**Exposition of the Blessed Sacrament from 10.30am—11.00am**

Holy Family Church

**Friday, March 15 - Lent Feria**

**Stations of the Cross at 11.30am**

Church of Our Lady of the Annunciation

**Mass at 12.00 noon**

Church of Our Lady of the Annunciation

**Exposition of the Blessed Sacrament from 12.30pm—1.00pm**

Church of Our Lady of the Annunciation

**Holy Qurbana at 5.00pm**

Holy Family Church

**Saturday, March 16 - Lent Feria**

**Mass at 10.00am**

Holy Family Church

**Exposition of the Blessed Sacrament from 10.30am—11.00am**

Holy Family Church

## **FIFTH WEEK OF LENT**

**Psalter Week 1**

**Diocesan Cycle of Prayer**

**Our Lady Star of the Sea, Lowestoft**

**Saturday, March 16**

**Holy Qurbana at 4.30pm**

Holy Family Church

**Vigil Mass at 6.00pm**

Church of Our Lady of the Annunciation

Intentions : People of the Parish

**Sunday, March 17**

**Mass at 9.30am**

Holy Family Church

Intentions : Pat McCarthy RIP

**Mass at 11.30am**

Church of Our Lady of the Annunciation

Intentions : Zbigniew Sobol RIP

**Holy Qurbana at 11.30am**

Holy Family Church

**Vespers and Benediction at 4.00pm**

Church of Our Lady of the Annunciation

## **EXPOSITION**

Each week a different parish in the diocese takes it in turn to have Exposition of the Blessed Sacrament to pray for the needs of our diocese and for vocations. This week it is our turn. Please try to come to the periods after Mass Wednesday to Saturday and spend some time in adoration of Our Lord present in the Blessed Sacrament.

## **STATIONS OF THE CROSS**

Fridays during Lent at 11.30am in Our Lady's Church.

## **LENTEN ALMS**

For Aid to the Church in Need  
to help the Church in the Holy Land.

## **PARISH SICK LIST**

Pat Athey	Betty Dockney
Caroline Glazebrook	Mark Griffiths
Mike Griffiths	Beryl Green
Ann Hemming	Ann Lindley
Cathy McNeil	Owen McDonagh
Maria De Rosa	Debbie Roper
Helen Seaman	Renee Thomas
Lorraine Quigley	Sylvia Waddilove
Susan Young	

## **ANNIVERSARIES**

Leon Chrapko	Geraldine Bolton
Nigel Evans	Kazys Paliukenas
Kathryn Dunn	Mary Carroll
Lionez Starling	Jonny Riley
Vaidas Misiunas	Mary Warnes
Andrius Navakas	baby Julia Glowinska
Thomas Noone	Patricia McCarthy
Gabriel Gerot	

## **Inviting young adults (age 18 -30) to walk the Camino**

Join Bishop Peter as he leads a walking pilgrimage to Santiago de Compostela from 21st – 29th July 2024.

For more information and to book a place, please see [www.rcdea.org.uk/youth](http://www.rcdea.org.uk/youth). Places are limited and bookings accepted on a first come first serves basis.

## **CSSA audit backs safeguarding services in Diocese of East Anglia**

The Diocese of East Anglia has been awarded a judgment of Comprehensive Assurance by the Catholic Safeguarding Standards Agency (CSSA) in an audit of its safeguarding provision.

The audit was conducted in Spring 2023 and the [Executive Summary of its findings have been published here](#). It is hoped that parishioners and visitors to our diocese will be reassured by its findings. Bishop Peter, clergy and all who work and volunteer in the diocese are encouraged by it and remain committed to following up on the small number of recommendations to further improve. Particular gratitude is due to the Diocese's Safeguarding Coordinator and Administrator, and to all Parish Safeguarding Representatives for their hard-work and commitment, which is reflected in this report.

Web link to use:

<https://www.rcdea.org.uk/cssa-audit-backs-safeguarding-services-in-east-anglia/>

## **SVP – Foodbank**

The SVP are collecting money for the foodbank. There is a box in the wall, on the righthand side of the door, when leaving the narthex of Holy Family church. Offerings, large or small, will be gratefully appreciated.

Thank you.

EC

## **St Vincent de Paul**

The S V P would like to recruit a membership support office for the East Anglia Diocese . This is part time , 15 hour a week . Own Transport essential . For more information see the parish web site or read the article in the East Anglia news paper. For details now to apply contact Lance Philpott at .. [lancep@svp.org.uk](mailto:lancep@svp.org.uk) are welcome to join in this service for Lent. EC