



Catholic Parish of King's Lynn

Church of Our Lady of the Annunciation

London Road, King's Lynn, Norfolk. PE30 5HQ

Holy Family Church

Field Lane, Gaywood, King's Lynn, Norfolk. PE30 4AY

DEACON SHAUN MORRISON'S WEEKLY BULLETIN

Sunday — May 19, 2024

Dear Friends,



Today we have the **joy of celebrating** Pentecost Sunday, and I wish you a happy Pentecost sending you my love, thoughts and prayers.

"The same Holy Spirit who came down upon the disciples descends on us too. The Holy Spirit is our Counsellor, Friend and Advocate"

The YouTube link for the livestream of the 11.30am Mass is:

<https://www.youtube.com/live/Aa4dtxzKELQ?si=qTqMnCwZybMt3L9y>

From the Office of Readings for Pentecost Sunday:

A reading from the treatise of St Irenaeus against the Heresies.

The sending of the Holy Spirit.

When the Lord told his disciples to go and teach all nations and baptise them in the name of the Father and of the Son and of the Holy Spirit, he conferred on them the power of giving men new life in God.

He had promised through the prophets that in these last days he would pour out his Spirit on his servants and handmaids, and that they would prophesy. So when the Son of God became the Son

of Man, the Spirit also descended upon him, becoming accustomed in this way to dwelling with the human race, to living in men and to inhabiting God's creation. The Spirit accomplished the Father's will in men who had grown old in sin, and gave them new life in Christ.

Luke says that the Spirit came down on the disciples at Pentecost, after the Lord's ascension, with power to open the gates of life to all nations and to make known to them the new covenant. So it was that men of every language joined in singing one song of praise to God, and scattered tribes, restored to unity by the Spirit, were offered to the Father as the first-fruits of all the nations.

This was why the Lord had promised to send the Advocate: he was to prepare us as an offering to God. Like dry flour, which cannot become one lump of dough, one loaf of bread, without moisture, we who are many could not become one in Christ Jesus without the water that comes down from heaven. And like parched ground, which yields no harvest unless it receives moisture, we who were once like a waterless tree could never have lived and borne fruit without this abundant rainfall from above. Through the baptism that liberates us from change and decay we have become one in body; through the Spirit we have become one in soul.

The Spirit of wisdom and understanding, the Spirit of counsel and strength, the Spirit of knowledge and the fear of God came down upon the Lord, and the Lord in turn gave this Spirit to his Church, sending the Advocate from heaven into all the world into which, according to his own words, the devil too had been cast down like lightning.

If we are not to be scorched and made unfruitful, we need the dew of God. Since we have our accuser, we need an advocate as well. And so the Lord in his pity for man, who had fallen into the hands of

brigands, having himself bound up his wounds and left for his care two coins bearing the royal image, entrusted him to the Holy Spirit. Now, through the Spirit, the image and inscription of the Father and the Son have been given to us, and it is our duty to use the coin committed to our charge and make it yield a rich profit for the Lord.

Responsory

℟. When the day of Pentecost had come, the disciples were all together in one place, and suddenly a sound came from heaven like the rush of a mighty wind,* and it filled all the house, alleluia.

℣. While they were all together in one place, suddenly a sound came from heaven like the rush of a mighty wind,* and it filled all the house, alleluia.



From the Sunday Missal:

The Holy Spirit overcomes fear. We know that the disciples sought shelter in the Upper Room after the arrest of their Lord and that they had remained isolated for fear of suffering the same fate. After Jesus's Resurrection their fear was not suddenly dispelled. But here at Pentecost, when the Holy Spirit rested upon them, those men emerged fearless and began to proclaim the Good News of the Crucified and Risen Christ to all. They were not afraid because they felt they were in the hands of the strongest One. Yes, dear brothers and sisters, wherever the Spirit of God enters he puts fear to flight; he makes us know and feel that we are in the hands of an Omnipotence of love; something happens, his infinite love does not abandon us. It is demonstrated by the very existence of the Church which, despite the limitations and sins of men and women, continues to cross the ocean of history,

blown by the breath of God and enlivened by his purifying fire.

(Pope Benedict XVI)

Monday (20th May) is the Memorial of Mary, Mother of the Church.

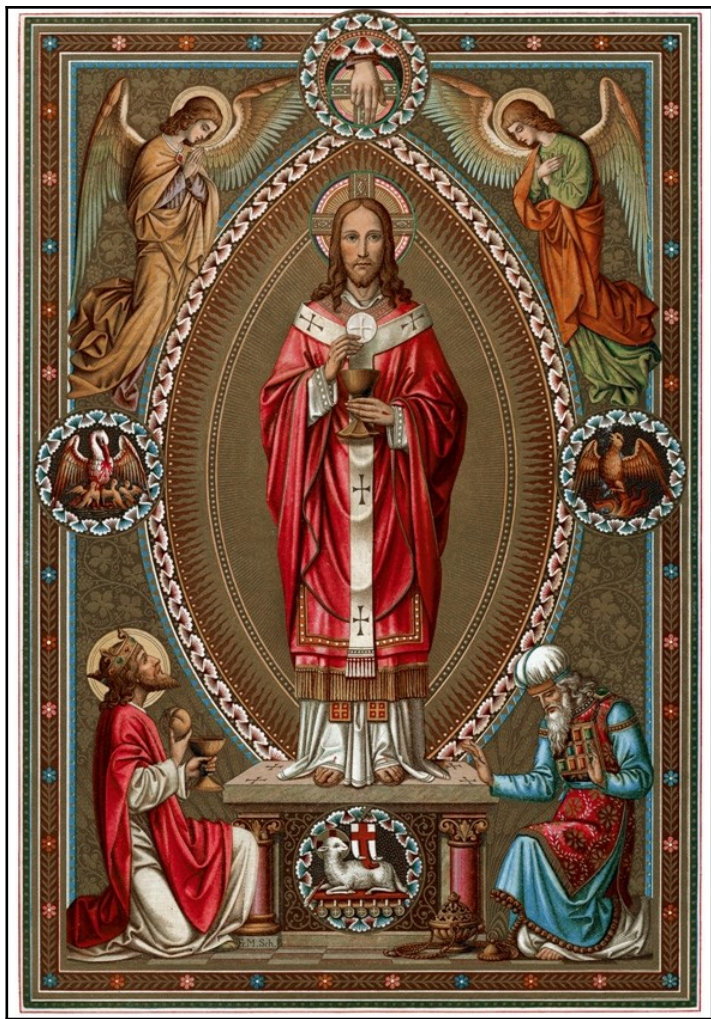
In 2018, Pope Francis decreed that the Memorial of the Blessed Virgin Mary, Mother of the Church be inserted into the Roman Calendar on the Monday after Pentecost.

The Blessed Virgin Mary has been given the title of Mother of the Church since she gave birth to Christ, the Head of the Church, and she became the Mother of the redeemed people before her Son had given up the spirit on the Cross. Pope Paul VI solemnly confirmed the title in an address to the Fathers of the Second Vatican Council on 21 November 1964 and decreed that the whole Christian people should, by the use of this beautiful title, give still greater honour to the Mother of God.

'The joyous veneration given to the Mother of God by the contemporary Church, in light of reflection on the mystery of Christ and on his nature, cannot ignore the figure of a woman (cf. Gal 4:4), the Virgin Mary, who is both the Mother of Christ and Mother of the Church. In some ways this was already present in the mind of the Church from the premonitory words of Saint Augustine and Saint Leo the Great. In fact the former says that Mary is the mother of the members of Christ, because with charity she cooperated in the rebirth of the faithful into the Church, while the latter says that the birth of the Head is also the birth of the body, thus indicating that Mary is at once Mother of Christ, the Son of God, and mother of the members of his Mystical Body, which is the Church' (Decree of the Sacred Congregation for Divine Worship).

Dearest Mother Mary, Mother of God, my mother, and Mother of the Church, pray for me and for all your children who are so deeply in need of the mercy of your Son as it was poured out from the Cross for the redemption of the world. May all your children draw ever closer to you and to your Son, as we gaze upon the glory of the Cross, and as we consume the Most Holy Eucharist. Mother Mary, pray for us. Jesus, I trust in You!

Thursday (23rd May) is the Feast of Our Lord Jesus Christ, Eternal High Priest.



This feast is celebrated on the first Thursday after Pentecost. The feast has been observed in England and Wales since 2018.

From the Liturgy Office:

The Feast of Our Lord Jesus Christ, the Eternal High Priest, according to the order of Melchizedek. In him the Father has been well pleased from before all time. As Mediator between God and human beings, fulfilling his Father's will, he sacrificed himself once on the altar of the Cross as a saving Victim for the whole world. Thus, instituting the pattern of an everlasting sacrifice, with a brother's kindness he chose, from among the children of Adam, men to augment the priesthood, so that, from the sacrifice continually renewed in the Church, streams of divine power might flow, whereby a new heaven and a new earth might be made, and throughout the whole universe there would be perfected what no eye has seen, nor ear heard, nor has entered into the human heart.

Saturday (25th May) is the Memorial of St. Bede the Venerable.

He was born in the north of England, near the monastery of Wearmouth. He joined that monastery, and spent all his life there or at Jarrow, teaching and writing. He was the outstanding ecclesiastical author of his time. He wrote commentaries on Scripture; an ecclesiastical history of the English people, which is a unique and irreplaceable resource for much of early English history; and the first martyrology (collection of saints' lives) to be compiled on historical principles. He was also the first known writer of English prose, though this has not survived. He died at Jarrow on 25 May 735: he taught and worked until the last moments of his life, which are narrated by Cuthbert in today's Office of Readings. He is venerated as the "light of the Church" in the Dark Ages, and as a forerunner of the 8th and 9th century renaissance of the Western Church.

(Source: <https://universalis.com/europe.england.eastanglia/20240525/today.htm>)

From the Parish Newsletter:

CORPUS CHRISTI PROCESSION

Our annual Deanery Corpus Christi Procession will take place in the grounds of Oxburgh Hall on **Sunday 2nd June at 3pm**. It would be good to see our First Communion children taking part together with children from other parishes. Passes giving free admission to the National Trust property will be available soon. This is always a lovely occasion and a great witness to our Faith so if you have not been before, please give it some thought. It is possible to picnic in the grassy carpark at Oxburgh before the event.

The link to our YouTube channel is:
<https://www.youtube.com/channel/UC8V030I7usRZiKoTlrwBAKg>

And the link to our Parish Website:
<http://www.catholicparish-kingslynn.org.uk/>

God bless

Shaun
Deacon Shaun Morrison