

THE CATHOLIC PARISH
OF
OUR LADY OF THE ANNUNCIATION
KING'S LYNN

Newsletter for Week Commencing

22nd February 2026
Psalter Week 1

Lectionary: Sundays = Year A; Weekdays = Year II

The Catholic Rectory
North Everard Street
King's Lynn
Norfolk. PE30 5HQ
Telephone : (01553) 772220

CLERGY

Parish Priest

The Very Reverend Canon
Peter Rollings

Email : parishpriest763@gmail.com

Assistant Parish Priest

Rev. Fr. Gordon Adam (OOLW)

Deacons

Rev. John Belfield
Rev. Martin L'Estrange
Rev. Shaun Morrison (OOLW)

Parish Website :

<https://cpkl.org>

Safeguarding Representative

Email : safeguardingkl@gmail.com

Telephone : 07971955335

CONFESSIONS

Saturdays

10.30am

at Holy Family Church
and

5.00pm

at Church of Our Lady of the Annunciation

NEWSLETTER

Email : ronaldglazebrook@btinternet.com

By Wednesday 11.00am please
In plain "Word" format only

W/c Sunday 22nd February 2026

First Week of Lent

Psalter Week 1

DIOCESAN CYCLE OF PRAYER

Cathedral of St John the Baptist, Norwich

Saturday 21st February

Vigil Mass at 6.00pm

Church of Our Lady of the Annunciation

Intentions : People of the Parish

Sunday 22nd February

Mass at 9.30am

Holy Family Church

Intentions : Andris Belusovs

Mass at 11.30am

Church of Our Lady of the Annunciation

Intentions : Gertrude Jones Intentions

Holy Qurbana at 11.30am

Holy Family Church

Vespers and Benediction at 4.00pm

Church of Our Lady of the Annunciation

Monday 23rd February - Lent Feria

Mass at 7.00pm

Holy Family Church

Intentions : Knights of St Columba Intentions

Tuesday 24th February - Lent Feria

Mass at 4.00pm

Queen Elizabeth II Hospital

Intentions : Special Intentions

Wednesday 25th February - Lent Feria

Mass at 12.00 noon

Church of Our Lady of the Annunciation

Intentions : Holy Souls

Thursday 26th February - Lent Feria

Mass at 9.30am

Holy Family Church

Intentions : Mary Large RIP

Mass at 7.00pm

Church of Our Lady of the Annunciation

Intentions : Holy Souls

Friday 27th February - Lent Feria

Stations of the Cross at 11.30am

Church of Our Lady of the Annunciation

Mass at 12.00 noon

Church of Our Lady of the Annunciation

Intentions : John Cairns RIP

Saturday 28th February - Lent Feria

Mass at 10.00am

Holy Family Church

Intentions : Holy Souls

W/c Sunday 1st March 2026

Second Week of Lent
Psalter Week 2

DIOCESAN CYCLE OF PRAYER
Our Lady and St Peter, Aldeburgh

Saturday 28th February
Vigil Mass at 6.00pm

Church of Our Lady of the Annunciation
Intentions : Rose & Sonny Burke RIP

Sunday 1st March
Mass at 9.30am

Holy Family Church
Intentions : In Thanksgiving

Lithuanian Mass at 9.30am
Church of Our Lady of the Annunciation

Mass at 11.30am
Church of Our Lady of the Annunciation
Intentions : People of the Parish

Holy Qurbana at 11.30am
Holy Family Church

Vespers and Benediction at 4.00pm
Church of Our Lady of the Annunciation

CAFOD LENT FAST DAY

This Friday we are invited to fast from some food or drink in solidarity with those who suffer hunger and to give the money saved to **CAFOD**. There are envelopes to receive offerings at the back of church.

STATIONS OF THE CROSS

There will be Stations of the Cross each Friday during Lent at 11.30am in Our Lady's Church.

LENT COURSE

OL Each Thursday at 7pm there will be a Mass celebrated in a different style followed by a discussion over refreshments about what was helpful or not about that style. This week: English Mass "ad orientem"
5th March "Taize" style
12th March Ordinariate Use
19th March Sung Mass
26th March Latin "versus populo"

Retreat for Healthcare Workers and Researchers

The Diocese of East Anglia invites those working in healthcare and the life sciences to a retreat focused on integrating Catholic faith and professional practice. The retreat will share the fruits of an ongoing research project exploring ways to support doctors, nurses, pharmacists, other healthcare professionals, and researchers in living their faith within their working environments. This retreat will take place at Buckden Towers and is offered at no cost, thanks to generous grant funding. Those interested in taking part are invited to complete the online form to register their interest. <https://forms.office.com/e/8pfmyEeQHv>

King's Lynn Deanery Youth Evening

Inviting Young people Year 7 to Young Adults for a special Kings Lynn Deanery Youth Evening - 21st March Held at

Walsingham Parish Hall, the evening will include an inspiring talk, music, prayer, and delicious food! For more information and to download a parental consent form, please see www.rcdea.org.uk/youth

Opportunity for Catholics in Healthcare and Life Sciences to Support Ethics Project

The Diocese invites doctors, nurses, pharmacists, researchers, and other professionals to contribute to an ongoing project applying the Church's recent teaching on human dignity to the increasing challenges of living the Catholic faith in these professions.

Following the success of recent workshops at the Catholic Chaplaincies of the Universities of Cambridge and East Anglia, participation is now possible by completing a short online form.

Your reflections will assist a forthcoming panel of ethicists and theologians in considering these lived experiences and how to support those facing them. Beginning in spring 2026, the panel's insights will be shared through additional workshops and accompanying published materials.

To contribute, please visit

<https://forms.office.com/e/CfJ6sM4m5L>

KNIGHTS OF ST COLUMBA

The KSC thank those who attended our, pre lent Race night on 13th. February. We raised well over £600 and will distribute after upcoming formal meeting agreements. This meeting will be on Monday 23rd. February after our KSC Mass where we will be initiating a new member AND elevating another member to FULL Knighthood. We will welcome 3 Provincial Knights from Brentwood for the ceremonies .You are all also, cordially invited, to this Ceremonial Mass @ HF church, 7pm.

ST VINCENT DE PAUL

The SVP will lead the Stations of the Cross on Thursday 26th February after 9.30am Mass. All are welcome to join us.

PARISH SICK LIST

Antonias	Pat Athey
Tony Burton	Tina Chrapko
Betty Dockney	Lottie Gaberle
Caroline Glazebrook	Beryl Green
Mark Griffiths	Sadie Harris
Ann Lindley	Chole Marshall
Cathy McNeil	Owen McDonagh
Thomas Noone	Maria De Rosa
Debbie Roper	Sylvia Waddilove
Susan Young	

ANNIVERSARIES

Mary Linford	Mary Williams
June Garrigan	Robertas Cepkauskas
Pauline McSherry	Alexander Horne
Thomas Westhorpe	Ruth Wharf
Peter Byrne	Ruby Cox
Peter McDonald	Joan Walker
Bernard Garrigan	Christopher Walker
Daitri Archipon	Marcella Flanders
Rosie Larkin.	