



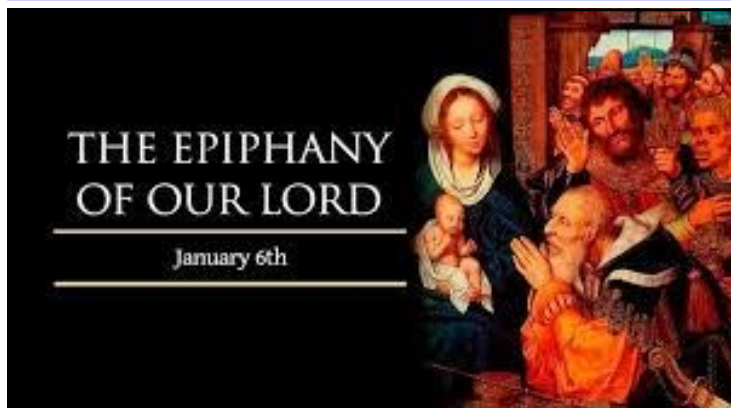
Catholic Parish of King's Lynn

Church of Our Lady of the Annunciation
London Road, King's Lynn, Norfolk. PE30 5HQ

Holy Family Church
Field Lane, Gaywood, King's Lynn, Norfolk. PE30 4AY

DEACON SHAUN MORRISON'S WEEKLY BULLETIN

Friday January 06, 2023



Dear Friends,

As we celebrate the Epiphany of the Lord, wishing you a Happy Solemnity!

Today is a Holyday of Obligation.

Mass is at 9.30am at Holy Family Church with St. Martha's School.

And at 7.30pm at Our Lady's Church.

Also today the **Friday abstinence is dispensed** so do enjoy a treat to celebrate this great day.

"We saw his star as it rose and have come to do the Lord homage."

The YouTube link to the 7.30pm Mass at Our Lady's is:

<https://youtu.be/9vUbEEcn7nl>

From the Sunday Missal:

Men and women of every generation need on their pilgrim journey to be directed: what star can we therefore follow? After coming to rest "over the place where the child was", the purpose of the star that guided the Magi ended, but its spiritual light is always present in the Word of the Gospel, which is still able today to guide every person to Jesus. This same Word, which is none other than the reflection of Christ, true man and true God, is authoritatively echoed by the Church for every well-disposed heart. The Church too, therefore, carries out the mission of the star for humanity. But something of the sort could be said of each Christian, called to illuminate the path of the brethren by word and example of life.

(Pope Benedict XVI)

From the Office of Readings:

A reading from the Sermons of Pope St Leo the Great.

The Lord has made known his salvation throughout the whole world

The loving providence of God determined that in the last days he would aid the world, set on its course to destruction. He decreed that all nations should be saved in Christ.

A promise had been made to the holy patriarch Abraham in regard to these nations. He was to have a countless progeny, born not from his body but from the seed of faith. His descendants are therefore compared with the array of the stars. The father of all nations was to hope not in an earthly progeny but in a progeny from above.

Let the full number of the nations now take their place in the family of the patriarchs. Let the children of the promise now receive the blessing in the seed of Abraham, the blessing renounced by the children of his flesh. In the persons of the Magi let all people adore the Creator of the universe; let God be known, not in Judaea only, but in the whole world, so that his name may be great in all Israel.

Dear friends, now that we have received instruction in this revelation of God's grace, let us celebrate with spiritual joy the day of our first harvesting, of the first calling of the Gentiles. Let us give thanks to the merciful God, who has made us worthy, in the words of the Apostle, to share the position of the saints in light, who has rescued us from the power of darkness, and brought us into the kingdom of his beloved Son. As Isaiah prophesied: the people of the Gentiles, who sat in darkness, have seen a great light, and for those who dwelt in the region of the shadow of death a light has dawned. He spoke of them to the Lord: The Gentiles, who do not know you, will invoke you, and the peoples, who knew you not, will take refuge in you.

This is the day that Abraham saw, and rejoiced to see, when he knew that the sons born of his faith would be blessed in his seed, that is, in Christ. Believing that he would be the father of the nations, he looked into the future, giving glory to God, in full awareness that God is able to do what he has promised.

This is the day that David prophesied in the psalms, when he said: All the nations that you have brought into being will come and fall down in adoration in your presence, Lord, and glorify your name. Again, the Lord has made known his salvation; in the sight of the nations he has revealed his justice.

This came to be fulfilled, as we know, from the time when the star beckoned the three wise men out of their distant country and led them to recognise and adore the King of heaven and earth. The obedience of the star calls us to imitate its humble service: to be servants, as best we can, of the grace that invites all men to find Christ.

Dear friends, you must have the same zeal to be of help to one another; then, in the kingdom of God, to which faith and good works are the way, you will shine as children of the light: through our Lord Jesus Christ, who lives and reigns with God the Father and the Holy Spirit for ever and ever. Amen.

Responsory

- ℟. The prophets foretold the coming of the Saviour, the angels adored him when he came; today is the great day on which he was made visible.* The Magi rejoiced when they saw his star, and brought him gifts.
- ℣. A holy day has shone upon us: come, you peoples, and worship the Lord.* The Magi rejoiced when they saw his star, and brought him gifts.

Funeral Mass for Pope Emeritus Benedict XVI - 05.01.23

Homily given by Pope Francis:

“Father, into your hands I commend my spirit” (Lk 23:46). These were the final words spoken by the Lord on the cross; his last breath, as it were, which summed up what had been his entire life: a ceaseless self-entrustment into the hands of his Father. His were hands of forgiveness and compassion, healing and mercy, anointing and blessing, which led him also to entrust himself into the hands of his brothers and sisters. The Lord, open to the individuals and their stories that he encountered along the way, allowed himself to be shaped by the Father’s will. He shouldered all the consequences and hardships entailed by the Gospel, even to seeing his hands pierced for love. “See my hands”, he says to Thomas (Jn 20:27), and to each of us: “See my hands”. Pierced hands that constantly reach out to us, inviting us to recognize the love that God has for us and to believe in it (cf. 1 Jn 4:16).

“Father into your hands I commend my spirit”. This is the invitation and the programme of life that he quietly inspires in us. Like a potter (cf. Is 29:16), he wishes to shape the heart of every pastor, until it is attuned to the heart of Christ Jesus (cf. Phil 2:5). Attuned in grateful devotion, in service to the Lord and to his people, a service born of thanksgiving for a completely gracious gift: “You belong to me... you belong to them”, the Lord whispers, “you are under the protection of my hands. You are under the protection of my heart. Stay in my hands and give me yours”. Here we see the “condescension” and closeness of God, who is ready to entrust himself to the frail hands of his disciples, so that they can feed his people and say with him: Take and eat, take and drink, for this is my body which is given up for you (cf. Lk 22:19). The total synkatabasis of God.

Attuned in prayerful devotion, a devotion silently shaped and refined amid the challenges and resistance that every pastor must face (cf. 1 Pet 1:6-7) in trusting obedience to the Lord’s command to feed his flock (cf. Jn 21:17). Like the Master, a shepherd bears the burden of interceding and the strain of anointing his people, especially in situations where goodness must struggle to prevail and the dignity of our brothers and sisters is threatened (cf. Heb 5:7-9). In the course of this intercession, the Lord quietly bestows the spirit of meekness that is ready to understand, accept, hope and risk, notwithstanding any misunderstandings that might result. It is

the source of an unseen and elusive fruitfulness, born of his knowing the One in whom he has placed his trust (cf. 2 Tim 1:12). A trust itself born of prayer and adoration, capable of discerning what is expected of a pastor and shaping his heart and his decisions in accord with God’s good time (cf. Jn 21:18): “Feeding means loving, and loving also means being ready to suffer. Loving means giving the sheep what is truly good, the nourishment of God’s truth, of God’s word, the nourishment of his presence”.

Attuned also in devotion sustained by the consolation of the Spirit, who always precedes the pastor in his mission. In his passionate effort to communicate the beauty and the joy of the Gospel (cf. *Gaudete et Exsultate*, 57). In the fruitful witness of all those who, like Mary, in so many ways stand at the foot of the cross. In the painful yet steadfast serenity that neither attacks nor coerces. In the stubborn but patient hope that the Lord will be faithful to his promise, the promise he made to our fathers and to their descendants forever (cf. Lk 1:54-55).

Holding fast to the Lord’s last words and to the witness of his entire life, we too, as an ecclesial community, want to follow in his steps and to commend our brother into the hands of the Father. May those merciful hands find his lamp alight with the oil of the Gospel that he spread and testified to for his entire life (cf. Mt 25:6-7).

At the end of his Pastoral Rule, Saint Gregory the Great urged a friend to offer him this spiritual accompaniment: “Amid the shipwreck of the present life, sustain me, I beseech you, by the plank of your prayer, that, since my own weight sinks me down, the hand of your merit will raise me up”. Here we see the awareness of a pastor who cannot carry alone what in truth he could never carry alone, and can thus commend himself to the prayers and the care of the people entrusted to him. God’s faithful people, gathered here, now accompanies and entrusts to him the life of the one who was their pastor. Like the women at the tomb, we too have come with the fragrance of gratitude and the balm of hope, in order to show him once more the love that is undying. We want to do this with the same wisdom, tenderness and devotion that he bestowed upon us over the years. Together, we want to say: “Father, into your hands we commend his spirit”.

Benedict, faithful friend of the Bridegroom, may your joy be complete as you hear his voice, now and forever!

Source: https://www.vatican.va/content/francesco/en/homilies/2023/documents/20230105_omelia-esequie-benedetto-xvi.html

The link to our YouTube channel is:
<https://www.youtube.com/channel/UC8V03017usRZiKoTlrwBAKq>

And the link to our Parish Website:
<http://www.catholicparish-kingslynn.org.uk/>

God bless

Shaun

Deacon Shaun Morrison
