



# Catholic Parish of King's Lynn

**Church of Our Lady of the Annunciation**

*London Road, King's Lynn, Norfolk. PE30 5HQ*

**Holy Family Church**

*Field Lane, Gaywood, King's Lynn, Norfolk. PE30 4AY*

## DEACON SHAUN MORRISON'S WEEKLY BULLETIN

**Sunday — June 09, 2024**

Dear Friends,

Today is the 10th Sunday in Ordinary Time.

*"With the Lord there is mercy and fullness of redemption."*

The YouTube link for the livestream for the 11.30am Mass from Our Lady's is:

<https://www.youtube.com/live/eGY4riUsWcY?si=M-ZSZcTm6KhVa7uH>

### From the Office of Readings for today:

#### A reading from the letter of St. Ignatius of Antioch to the Romans

*It is not men that I want to please, but God*

From Ignatius, who is also called Theophorus, to the Church which has obtained mercy through the majesty of the Most High Father and of Jesus Christ, his only Son; to the Church which is beloved and enlightened by the will of him who wills all things that are, according to the love of Jesus Christ our God; to the Church which has precedence in the lands of the Romans; to the Church which is worthy of God, worthy of honour, worthy of the blessing, worthy of praise, worthy of success, worthy in its holiness, pre-eminent in love, named after Christ, named after the Father. I greet that Church in the name of Jesus Christ, the Son of the Father. To those who are united in flesh and spirit to every one of his commandments, filled with the grace of God without wavering and filtered clear from every foreign stain, abundant greeting in Jesus Christ, our God, in blamelessness.

I have prayed to the Lord to see your godly faces and I have persevered in prayer until I have been granted this — for I hope to greet you, as a prisoner in Christ Jesus, if only I am found worthy to reach the end of my journey. Things have begun well and all now depends on my receiving the grace to reach my goal and receive my inheritance unhindered. But I fear your love for me and I fear the harm it can do me: it is so easy for you to do what you want and so hard for me to reach God if you do not spare me your help.

You habitually do what pleases God: do what pleases him now and not what pleases men. I shall never have a better opportunity of reaching God, and you will never have the opportunity of performing a better act than now, by keeping silence. If you remain silent, I shall become the word of God; but if your love of my physical life makes you speak, I shall be nothing but a meaningless cry.

Grant me nothing more than this: that I should be poured out to God, while an altar is still ready for me. Form yourselves into a chorus of love and sing praise to the Father in Christ Jesus for permitting this bishop of Syria to be summoned from the place of the sun's rising to the sunset lands. Just as the sun sets only to rise again, how good it is to set to this world, to set and then to rise in God.

### Responsory

- ℟. For me, life means Christ, death a prize to be won.\*  
God forbid that I should boast of anything, except the cross of our Lord Jesus Christ.
- ℣. Through him the world stands crucified to me, and I to the world.\* God forbid that I should boast of anything, except the cross of our Lord Jesus Christ.

### General Election:

#### From the Bishops' Conference of England and Wales.

The Prime Minister has called a general election for Thursday, 4 July. By clicking into the following link you will find information and guidance on key issues of importance to us, as Catholics, to help inform how we vote.

<https://www.cbcew.org.uk/election24/>

### An extract from the website:

Gospel values inform how we look at the world as Christians. These values can also offer a different way of looking at politics, a way that puts the common good before self-interest.

Throughout this election season we will be seeking answers which will help the poor, the marginalised, and the vulnerable.

We seek a society in which all families can flourish and where we care for our common home, where we offer a welcoming hand to strangers in need, where we look out for those struggling to get on.

Families are the heart of our communities and society.

We seek, therefore, political leaders who can reflect and share these values. But this is not just about leaders, it is about us. We are not merely the passive recipients of politics but active citizens. An election is the best time for us as Christians to speak out, to get involved, and to lead. We hope that these resources will help in that endeavour.

### Cardinal's Message

President of the Bishops' Conference, Cardinal Vincent

Nichols, is asking voters to be active rather than passive to engage with politicians on the key issues. "You want to know what your candidate will think and say on your behalf when that candidate gets into Parliament," says the Cardinal. "I would like to put forward a theme for us all to think about. How do we seek to construct a society in which families can flourish? That's the bedrock". The YouTube link to the Cardinal's message is:

[Cardinal encourages participation in UK General Election](#)

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## **Tuesday 11th June is the Memorial of St. Barnabas Apostle.**

**From the Office of Readings for 11th June:**

### **A Reading from the discourses of St. Chromatius on St. Matthew's Gospel.**

*You are the light of the world.*

*You are the light of the world. A city set on a hill cannot be hidden. Nor do men light a lamp only to put it under a bushel basket; they put it on a stand where it gives light to all in the house. The Lord called his disciples the salt of the earth because they seasoned with heavenly wisdom the hearts of men rendered insipid by the devil. Now he calls them the light of the world as well, because they have been enlightened by him, the true and everlasting light, and have themselves become a light in the darkness.*

Since he is the Sun of Justice, he fittingly calls his disciples the light of the world. The reason for this is that through them, as through shining rays, he has poured out the light of the knowledge of himself upon the entire world. For by manifesting the light of truth, they have dispelled the darkness of error from the hearts of men.

Moreover, we too have been enlightened by them. We have been made light out of darkness as the Apostle says: *For once you were darkness, but now you are light in the Lord; walk as children of light.* He says another time: *For you are not sons of the night and of darkness, but you are all sons of light and of the day.*

Saint John also rightly asserts in his letter: *God is light*, and whoever abides in God is in the light just as God himself is in the light. Therefore, because we rejoice in having been freed from the darkness of error, we should always walk in the light as children of light. This is why the Apostle says: *Among them you shine as lights in the world, holding fast to the word of life.*

If we fail to live in the light, we shall, to our condemnation and that of others, be veiling over and obscuring by our infidelity the light men so desperately need. As we know from Scripture, the man who received the talent should have made it produce a heavenly profit, but instead he preferred to hide it away rather than put it to work and was punished as he deserved.

Consequently, that brilliant lamp which was lit for the sake of our salvation should always shine in us. For we have the lamp of the heavenly commandment and spiritual grace, to which David referred: *Your law is a lamp to my feet and a light to my path.* Solomon also says this about it: *For the command of the law is a lamp.*

Therefore, we must not hide this lamp of law and faith. Rather, we must set it up in the Church, as on a lamp-stand, for the salvation of many, so that we may enjoy the light of truth itself and all believers may be enlightened.

### **Responsory**

℟. When Barnabas came to Antioch and saw the grace of God at work there, he was glad,\* for he was a good man, full of the Holy Spirit and of faith.

℣. He encouraged them all to hold fast to the Lord with resolute hearts,\* for he was a good man, full of the Holy Spirit and of faith.

<https://universalis.com/europe.england.eastanglia/20240611/readings.htm>

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## **Thursday 13th June is the Memorial St. Anthony of Padua. Priest and Doctor of the Church.**

From Universalis:

Saint Antony was first of all an Augustinian monk, but he was so impressed by the martyrdom of five Franciscans who had been spreading the faith in Morocco that he became a Franciscan friar himself, so that he could preach the gospel in Africa too. Illness obliged him to leave Morocco, and a storm then drove his ship to Sicily, so that he found himself taking part in the General Chapter of the Franciscans in 1221, where he met Saint Francis of Assisi himself. His preaching career then took him to northern Italy and southern France, then a stronghold of the Albigensian heresy. Later he returned to Italy, to Padua, where he was an outstanding preacher and the first Franciscan theologian. His sermons are full of gentleness, but he reproved the wicked with fearless severity – especially backsliding clergy and the oppressors of the weak.

His shrine is a centre of pilgrimage, and he is also the patron saint of the lost and found.

<https://universalis.com/europe.england.eastanglia/20240613/today.htm>

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The link to our YouTube channel is:

<https://www.youtube.com/channel/UC8V030I7usRZiKoTlrwBAKg>

And the link to our Parish Website:

<http://www.catholicparish-kingslynn.org.uk/>

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God bless

**Shaun**

**Deacon Shaun Morrison**

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