



Catholic Parish of King's Lynn

Church of Our Lady of the Annunciation

London Road, King's Lynn, Norfolk. PE30 5HQ

Holy Family Church

Field Lane, Gaywood, King's Lynn, Norfolk. PE30 4AY

DEACON SHAUN MORRISON'S WEEKLY BULLETIN

Sunday — July 14, 2024

Dear Friends,

Today is the 15th Sunday in Ordinary Time.

"Let us see, O Lord, your mercy and give us your saving help"

The YouTube link for the livestream for the 11.30am Mass from Our Lady's is:

<https://www.youtube.com/live/gCSIKUZvWb0?si=ODbAft148hoeNFva>

Today is also Sea Sunday.

Seafarers and fishers play a vital role in all of our lives, but they often work in difficult, hazardous conditions. Sea Sunday is a day when the Church prays for all those who live and work at sea.

A YouTube link to a video 'Stella Maris-A Year in review':

<https://youtu.be/V3vuH5AL0AM?si=waemjQoBvD57pwOD>

Stella Maris helps thousands of seafarers every year who are struggling with loneliness, exhaustion, bullying and exploitation.

<https://stellamaris.org.uk/seasunday/>

From the Office of Readings for 15th Sunday in Ordinary Time:

A reading from the treatise of St. Ambrose on the Mysteries

Instruction on the ceremonies before baptism

We gave a daily instruction on right conduct when

the readings were taken from the history of the patriarchs or the maxims of Proverbs. These readings were intended to instruct and train you, so that you might grow accustomed to the ways of our forefathers, entering into their paths and walking in their footsteps, in obedience to God's commands.

Now the season reminds us that we must speak of the mysteries, setting forth the meaning of the sacraments. If we had thought fit to teach these things to those not yet initiated through baptism, we should be considered traitors rather than teachers. Then, too, the light of the mysteries is of itself more effective where people do not know what to expect than where some instruction has been given beforehand.

Open then your ears. Enjoy the fragrance of eternal life, breathed on you by means of the sacraments. We explained this to you as we celebrated the mystery of "the opening" when we said: Effetha, that is, be opened. Everyone who was to come for the grace of baptism had to understand what he was to be asked, and must remember what he was to answer. This mystery was celebrated by Christ when he healed the man who was deaf and dumb, in the Gospel which we proclaimed to you.

After this, the holy of holies was opened up for you; you entered into the sacred place of regeneration. Recall what you were asked; remember what you answered. You renounced the devil and his works, the world and its dissipation and sensuality. Your words are recorded, not on a monument to the dead but in the book of the living.

There you saw the levite, you saw the priest, you saw the high priest. Do not consider their outward

form but the grace given by their ministries. You spoke in the presence of angels, as it is written: The lips of a priest guard knowledge, and men seek the law from his mouth, for he is the angel of the Lord almighty. There is no room for deception, no room for denial. He is an angel whose message is the kingdom of Christ and eternal life. You must judge him, not by his appearance but by his office. Remember what he handed on to you, weigh up his value, and so acknowledge his standing.

You entered to confront your enemy, for you intended to renounce him to his face. You turned towards the east, for one who renounces the devil turns towards Christ and fixes his gaze directly on him.

Responsory

℟. We ourselves were once foolish, disobedient, led astray; we passed our days in malice and envy, hateful ourselves and hating one another;* but God, in his mercy, saved us through the water of rebirth and the renewing power of the Holy Spirit.

℣. All of us lived according to our natural desires, and we too were naturally bound to suffer God's wrath,* but God, in his mercy, saved us through the water of rebirth and the renewing power of the Holy Spirit.

Monday 15th July is the Memorial of St. Bonaventure. Bishop & Doctor of the Church.

From Universalis: <https://universalis.com/europe.england.eastanglia/20240715/today.htm>

St Bonaventure (1218 - 1274)

Bonaventure was born at Bagnoregio in Etruria in about 1218. He became a Franciscan in 1243 and studied philosophy and theology at the University of Paris. He became a famous teacher and philosopher, part of the extraordinary intellectual flowering of the 13th century. He was a friend and colleague of St Thomas Aquinas.

At this time the friars were still a new and

revolutionary force in the Church, and their radical embracing of poverty and rejection of institutional structures raised suspicion and opposition from many quarters. Bonaventure defended the Franciscan Order and, after he was elected general of the order in 1255, he ruled it with wisdom and prudence. He is regarded as the second founder of the Order.

He declined the archbishopric of York in 1265 but was made cardinal bishop of Albano in 1273, dying a year later in 1274 at the Council of Lyons, at



which the Greek and Latin churches were (briefly) reconciled.

Bonaventure wrote extensively on philosophy and theology, making a permanent mark on intellectual history; but he always insisted that the simple and uneducated could have a clearer knowledge of God than the wise.

He was declared a Doctor of the Church in 1588 by Pope Sixtus V.

Tuesday 16th July is Our Lady of Mount Carmel.

Mount Carmel is commemorated in Scripture for its beauty, and it was there that the prophet Elijah defended the purity of Israel's faith in the living God.

Towards the end of the twelfth century AD, near a spring called after Elijah, a group of hermits established themselves on Mount Carmel and built an oratory in honour of Our Lady, whom they chose as their titular and patroness.

They became known as 'the Brothers of Saint Mary of Mount Carmel'. They regarded the Blessed Virgin as their Mother, and their model first of all in leading the contemplative life, and later in sharing the fruits of their contemplation with others.

The Solemn Commemoration of Our Lady of Mount Carmel was first celebrated in England in the fourteenth century, but was gradually adopted throughout the Carmelite Order as an occasion of thanksgiving for the countless blessings which Our Lady had bestowed on the Carmelite family.

The link to our YouTube channel is:

[https://www.youtube.com/channel/
UC8V030I7usRZiKoTlrwBAKg](https://www.youtube.com/channel/UC8V030I7usRZiKoTlrwBAKg)

And the link to our Parish Website:

<http://www.catholicparish-kingslynn.org.uk/>

God bless

Shaun

Deacon Shaun Morrison
