



# Catholic Parish of King's Lynn

## Church of Our Lady of the Annunciation

London Road, King's Lynn, Norfolk. PE30 5HQ

## Holy Family Church

Field Lane, Gaywood, King's Lynn, Norfolk. PE30 4AY

## DEACON SHAUN MORRISON'S WEEKLY BULLETIN

Sunday, October 22, 2023

Dear Friends,

Today is the 29th Sunday in Ordinary Time.

*"Give the Lord glory and power."*

The YouTube link for the livestream for the **11.30am Mass** from Our Lady's is:

[https://www.youtube.com/live/5tOoAscQPll?  
si=bQPUoRMrKlSkJJe1](https://www.youtube.com/live/5tOoAscQPll?si=bQPUoRMrKlSkJJe1)

The YouTube link for the livestream for the 2pm Ordinariate Mass from Our Lady's is:

[https://www.youtube.com/live/QFeSk\\_SZwdl?  
si=OFASAIMq9LPoqOmW](https://www.youtube.com/live/QFeSk_SZwdl?si=OFASAIMq9LPoqOmW)

### From the Office of Readings for the 29th Sunday in Ordinary Time:

A reading from the letter of St Augustine to Proba

*Let our desire be exercised in prayer*

Why in our fear of not praying as we should, do we turn to so many things, to find what we should pray for? Why do we not say instead, in the words of the psalm: *I have asked one thing from the Lord, this is what I will seek: to dwell in the Lord's house all the days of my life, to see the graciousness of the Lord, and to visit his temple?* There, the days do not come and go in succession, and the beginning of one day does not mean the end of another; all days are one, simultaneously and without end, and the life lived out in these days has itself no end.

So that we might obtain this life of happiness, he who is true life itself taught us to pray, not in many words as though speaking longer could gain us a hearing. After all, we pray to one who, as the Lord himself tells us, knows what we need before we ask for it.

Why he should ask us to pray, when he knows what we need before we ask him, may perplex us if we do not realise that our Lord and God does not want to know what we want (for he cannot fail to know it), but wants us rather to exercise our desire through our prayers, so that we may be able to receive what he is preparing to give us. His gift is very great indeed, but our capacity is too small and limited to receive it. That is why we are told: *Enlarge your desires, do not bear*

*the yoke with unbelievers.*

The deeper our faith, the stronger our hope, the greater our desire, the larger will be our capacity to receive that gift, which is very great indeed. *No eye has seen it; it has no colour. No ear has heard it; it has no sound. It has not entered man's heart; man's heart must enter into it.*

In this faith, hope and love we pray always with unwearied desire. However, at set times and seasons we also pray to God in words, so that by these signs we may instruct ourselves and mark the progress we have made in our desire, and spur ourselves on to deepen it. The more fervent the desire, the more worthy will be its fruit. When the Apostle tells us: *Pray without ceasing*, he means this: Desire unceasingly that life of happiness which is nothing if not eternal, and ask it of him who alone is able to give it.

### Responsory

℟. When you seek me, you shall find me – if you search with all your heart.\* If you pray to me, I will listen to you.

℣. I know the plans I have in mind for you – plans for peace, not disaster, reserving a future full of hope for you.\* If you pray to me, I will listen to you.

Today is also **World Mission Sunday**.

May World Mission Sunday rekindle in every believer the zeal for proclaiming the Gospel to the entire world and for all missionaries, men and women dedicated to sharing the Gospel of Jesus with those who have not yet received it: may they be given the strength and courage to persevere in their mission.

### From the Bishops' Conference of England and Wales:

World Mission Sunday is celebrated in every Catholic community in the world. It's a moment of grace to express solidarity with our brothers and sisters in Christ who are living in situations of poverty, violence and oppression. Every parish, school and community is invited to join this special event, and every penny, pound and prayer you give to Missio helps missionaries everywhere continue their work.

The theme for 2023 is **"Hearts on fire, feet on the move"** cf. Luke 24:13-35

(Source: <https://www.cbcew.org.uk/world-mission-sunday/>)

Some website links for you for World Mission Sunday:

<https://missio.org.uk/>

<https://missio.org.uk/world-mission-sunday-2023/>

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Saturday **28th October** is the Feast of SS Simon and Jude, Apostles.

**From Universalis:**

**St Simon, Apostle**

Simon is eleventh in the list of the twelve Apostles. He is known as Simon the Zealot, but nothing else is known about him. His other name of "Simon Cananaeus" simply adapts another Hebrew word for "zeal" and has nothing to do with the town of Cana.

**St Jude, Apostle**

Jude, also called Thaddaeus, is the apostle who at the Last Supper asked the Lord why he showed himself only to the disciples and not to the world. For many centuries he was scarcely venerated because people confused him with Judas Iscariot. He is the patron saint of lost and desperate causes.

<https://universalis.com/europe.england.eastanglia/20231028/today.htm>

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The link to our YouTube channel is:

[https://www.youtube.com/channel/  
UC8V030I7usRZiKoTlrwBAKq](https://www.youtube.com/channel/UC8V030I7usRZiKoTlrwBAKq)

And the link to our Parish Website:

<http://www.catholicparish-kingslynn.org.uk/>

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God bless

**Shaun**

**Deacon Shaun Morrison**

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