



Catholic Parish of King's Lynn

Church of Our Lady of the Annunciation

London Road, King's Lynn, Norfolk. PE30 5HQ

Holy Family Church

Field Lane, Gaywood, King's Lynn, Norfolk. PE30 4AY

DEACON SHAUN MORRISON'S WEEKLY BULLETIN

Sunday February 12, 2023

Dear Friends,

Today is the **Sixth Sunday in Ordinary Time**.

"They are happy who follow God's law."

It is Psalter Week 2 for the Divine Office.

The YouTube link for the 11.30am Mass at Our Lady's is:

[11.30 Mass Our Lady's](#)

From the Office of Readings:

A reading from the commentary of St Ephraem on the Diatessaron

The Word of God is an inexhaustible fountain

Lord, who can comprehend even one of your words? We lose more of it than we grasp, like those who drink from a living spring. For God's word offers different facets according to the capacity of the listener, and the Lord has portrayed his message in many colours, so that whoever gazes upon it can see in it what suits him. Within it he has buried manifold treasures, so that each of us might grow rich in seeking them out.

The word of God is a tree of life that offers us blessed fruit from each of its branches. It is like that rock which was struck open in the wilderness, from which all were offered spiritual drink. As the Apostle says: They ate spiritual food and they drank spiritual drink.

And so whenever anyone discovers some part of the treasure, he should not think that he has exhausted God's word. Instead he should feel that this is all that he was able to find of the wealth contained in it. Nor should he say that the word is weak and sterile or look down on it simply because this portion was all that he happened to find. But precisely because he could not capture it all he should give thanks for its riches.

Be glad then that you are overwhelmed, and do not be saddened because he has overcome you. A thirsty man is happy when he is drinking, and he is not depressed because he cannot exhaust the spring. So let this spring quench your thirst, and not your thirst the spring. For if you can satisfy your thirst without exhausting the spring, then when you thirst again you can drink from it once more; but if when your thirst is sated the spring is also dried up, then your victory

would turn to harm.

Be thankful then for what you have received, and do not be saddened at all that such an abundance still remains. What you have received and attained is your present share, while what is left will be your heritage. For what you could not take at one time because of your weakness, you will be able to grasp at another if you only persevere. So do not foolishly try to drain in one draught what cannot be consumed all at once, and do not cease out of faintheartedness from what you will be able to absorb as time goes on.

Responsory

℟. The word of the Lord remains for ever.* What is this word? It is the Good News that has been brought to you.

℣. This is the book of the commandments of God, the Law that stands for ever: those who keep it live.* What is this word? It is the Good News that has been brought to you.

Tuesday 14th February is the Feast Day of Saints Cyril, Monk, and Methodius, Bishop. (Patrons of Europe)

St Methodius

He was born in Thessalonica. With his brother Cyril he went to Moravia to preach the faith. They translated liturgical texts into the Slavonic language and invented the Glagolitic and possibly also the Cyrillic alphabet. After his brother's death he went to Pannonia, where he was assiduous in the work of evangelization. In the complicated international politics of the time he suffered much from attacks by his enemies, but he was always supported by the Popes. He died on 6 April 885.

St Cyril

He was born in Thessalonica and was educated in Constantinople. With his brother Methodius he went to Moravia to preach the faith. They translated liturgical texts into the Slavonic language and invented the Glagolitic and possibly also the Cyrillic alphabet. They were called back to Rome, where Cyril died on 14 February 869.

Source: <https://universalis.com/europe.england.eastanglia/20230214/today.htm>

From the Office of Readings:

A reading from the Slavonic Life of Constantine

Make your Church grow, and gather all in unity

Constantine, already burdened by many hardships, became ill. At one point during his extended illness, he experienced a vision of God and began to sing this verse: *"My spirit rejoiced and my heart exulted because they told me we shall go into the house of the Lord."*

Afterwards he remained dressed in the vestments that were to be venerated later, and rejoiced for an entire day, saying: *"From now on, I am not the servant of the emperor or of any man on earth, but of almighty God alone. Before, I was dead, now I am alive and I shall live for ever. Amen."*

The following day, he assumed the monastic habit and took the religious name Cyril. He lived the life of a monk for fifty days.

When the time came for him to set out from this world to the peace of his heavenly homeland, he prayed to God with his hands outstretched and his eyes filled with tears:

"O Lord, my God, you have created the choirs of angels and spiritual powers; you have stretched forth the heavens and established the earth, creating all that exists from nothing. You hear those who obey your will and keep your commands in holy fear. Hear my prayer and protect your faithful people, for you have established me as their unsuitable and unworthy servant."

Keep them free from harm and the worldly cunning of those who blaspheme you. Build up your Church and gather all into unity. Make your people known for the unity and profession of their faith. Inspire the hearts of your people with your word and your teaching. You called us to preach the Gospel of your Christ and to encourage them to live and work pleasing to you."

"I now return to you, your people, your gift to me. Direct them with your powerful right hand, and protect them under the shadow of your wings. May all praise and glorify your name, the Father, Son and Holy Spirit. Amen."

Once he had exchanged the gift of peace with everyone, he said: *"Blessed be God, who did not hand us over to our invisible enemy, but freed us from his snare and delivered us from perdition."* He then fell asleep in the Lord at the age of forty-two.

The Patriarch commanded all those in Rome, both the Greeks and Romans, to gather for his funeral. They were to chant over him together and carry candles; they were to celebrate his funeral as if he had been a pope. This they did.

The Divine Office

Morning Prayer (Lauds) is prayed in Holy Family Church on Thursdays at 9.15am and Saturdays at 9.45am Evening Prayer (Vespers) is prayed in Our Lady's Church on Saturdays at 5.30pm and Sundays (with Benediction) at 4pm. Books are provided.

From the Diocesan website <https://www.rcdea.org.uk/latest-news/>

Bishop Peter Collins will be visiting each of the deaneries of the Diocese during Lent, celebrating a series of Lenten Station Masses. <https://www.rcdea.org.uk/bishop-peter-to-celebrate-lenten-station-masses/>

Bishop Peter writes: "I very much look forward to visiting each deanery across the diocese during the Season of Lent. Our deanery Lenten Masses provide an opportunity for us to enhance our diocesan communion and to deepen our allegiance to Christ the Suffering Servant.

"I rejoice to see the established pattern of Eucharistic Adoration being coupled with the provision of an opportunity for the celebration of the Sacrament of Reconciliation in each location. I thank Rural Deans for arranging these celebrations as we all undertake the great pilgrimage towards Holy Week and the Sacred Triduum."

The events follow a regular format for each deanery which he visits, with Exposition and Confession at 5pm, Mass at 6pm and Supper at 7pm.

They will begin with a Mass on Tuesday February 28 at St Peter and All Souls Peterborough. Our Lady and the English Martyrs in Cambridge will follow on Thursday March 2; **then Holy Family King's Lynn on Tuesday March 7**; St Mary's Ipswich on Thursday March 9; St Edmunds in Bury St Edmunds on Tuesday March 14; Our Lady Star of the Sea Lowestoft for the Coastal Deanery on Thursday March 16 and finally St George's Norwich on Tuesday March 21.

Victor is enjoying his new toy pink doughnut!



The link to our YouTube channel is:
<https://www.youtube.com/channel/UC8V030I7usRZiKoTlrwBAKg>

And the link to our Parish Website:
<http://www.catholicparish-kingslynn.org.uk/>

God bless

Shaun

Deacon Shaun Morrison