



Catholic Parish of King's Lynn

Church of Our Lady of the Annunciation
London Road, King's Lynn, Norfolk. PE30 5HQ

Holy Family Church
Field Lane, Gaywood, King's Lynn, Norfolk. PE30 4AY

DEACON SHAUN MORRISON'S WEEKLY BULLETIN

Sunday — May 04, 2025

Dear Friends,

It is a great joy for our parish community today, as our children make their First Holy Communion during the 09:30 Mass at Holy Family Church.

We pray for all the children on this special day.

A prayer for them:

Dear Lord, we thank you and praise you for the most precious gift of the Holy Eucharist. We ask you to bless all those who are preparing to receive Your Body and Blood for the first time. Amen.



Today is the Third Sunday of Easter.

"The disciples recognised the Lord Jesus in the breaking of the bread, Alleluia."

The link for the live stream of the **11.30am Mass from Our Lady's** is:

https://www.youtube.com/live/vk112a-teQ8?si=k-M_YUB4CwxZdrTW

From the Office of Readings for Easter-tide: week 3: Sunday

A reading from the first apology of St. John Martyr in the defence of the Christians.

The celebration of the eucharist

No one may share the Eucharist with us unless he believes that what we teach is true, unless he is washed in the regenerating waters of baptism for the remission of his sins, and unless he lives in accordance with the principles given us by Christ.

We do not consume the eucharistic bread and wine as if it were ordinary food and drink, for we have been taught that as Jesus Christ our Saviour became a man of flesh and blood by the power of the Word of God, so also the food that our flesh and blood assimilates for its nourishment becomes the flesh and blood of the incarnate Jesus by the power of his own words contained in the prayer of thanksgiving.

The apostles, in their recollections, which are called gospels, handed down to us what Jesus commanded them to do. They tell us

that he took bread, gave thanks and said: *Do this in memory of me. This is my body.* In the same way he took the cup, he gave thanks and said: *This is my blood.* The Lord gave this command to them alone. Ever since then we have constantly reminded one another of these things. The rich among us help the poor and we are always united. For all that we receive we praise the Creator of the universe through his Son Jesus Christ and through the Holy Spirit.

On Sunday we have a common assembly of all our members, whether they live in the city or the outlying districts. The recollections of the apostles or the writings of the prophets are read, as long as there is time. When the reader has finished, the president of the assembly speaks to us; he urges everyone to imitate the examples of virtue we have heard in the readings. Then we all stand up together and pray.

On the conclusion of our prayer, bread and wine and water are brought forward. The president offers prayers and gives thanks to the best of his ability, and the people give assent by saying, "Amen." The eucharist is distributed, everyone present communicates, and the deacons take it to those who are absent.

The wealthy, if they wish, may make a contribution, and they themselves decide the amount. The collection is placed in the custody of the president, who uses it to help the orphans and widows and all who for any reason are in distress, whether because they are sick, in prison, or away from home. In a word, he takes care of all who are in need.

We hold our common assembly on Sunday because it is the first day of the week, the day on which God put darkness and chaos to flight and created the world, and because on that same day our saviour Jesus Christ rose from the dead. For he was crucified on Friday and on Sunday he appeared to his apostles and disciples and taught them the things that we have passed on for your consideration.

Responsory

℟. As he was about to pass from this world to go to the Father,* Jesus instituted the sacrament of his body and blood as a memorial of his death, alleluia.

℣. Distributing his body as food and his blood as drink, he said, Do this in memory of me.* Jesus instituted the sacrament of his body and blood as a memorial of his death, alleluia.

Conclave to elect new Pope to begin on 7th May.

For further information on what happens during the conclave please click into this link:

<https://www.cbcew.org.uk/conclave-to-elect-new-pope-to-begin-on-7-may/>

From the parish newsletter:

From Bishop Peter:

As we complete the Nine Days of Official Mourning, days when we have offered our prayers for the eternal repose of our late Holy Father, Pope Francis, the Universal Church now invokes a particular outpouring of the Holy Spirit upon the College of Cardinals. The Cardinals have already been meeting in 'Congregation', including those who are over eighty years of age, to reflect and discuss prayerfully in preparation for the Conclave. The Cardinal Electors, those under eighty years of age, will enter Conclave on the 7th of May. I call upon every member of this Local Church, the Diocese of East Anglia, to join me over the coming days in offering fervent prayer in support of the Cardinal Electors. We entrust the Church to Divine Providence as we await the election of the 267th Successor of St Peter. I urge each Parish Community to celebrate a Votive Mass to the Holy Spirit on Monday 5th or Tuesday the 6th of May 2025.

For Our Parish:

Votive Mass of the Holy Spirit is:

At 10:30am on Monday 5th May at Our Lady's,

And 4pm on Tuesday 6th May at the Sacred Space at Queen Elizabeth Hospital.

Cardinals ask faithful to pray for their discernment for new Pope:

The College of Cardinals has requested that all Catholics pray for them, so that they may listen to the Holy Spirit as they discern whom to choose as the next Pope.

The Holy See released a declaration on Wednesday, 30 April, in which the Cardinals preparing for the upcoming conclave ask the faithful to pray for them.

“The College of Cardinals gathered in Rome, engaged in the General Congregations in preparation for the Conclave, wishes to invite the People of God to live this ecclesial moment as an event of grace and spiritual discernment, listening to the will of God,” read the statement.

The Cardinals said they feel ***“the need to be supported by the prayers of all the faithful,”*** since they are aware of their responsibility in choosing the next Successor of Peter.

Prayer, they added, ***“is the true force that in the Church promotes the unity of all the members of the one Body of Christ.”***

“Faced with the enormity of the task ahead and the urgency of the present time,” said the Cardinals, “it is first of all necessary to make ourselves humble instruments of the infinite wisdom and providence of our Heavenly Father, in docility to the action of the Holy Spirit.”

The Cardinals noted that the Holy Spirit is “the protagonist of the life of the People of God, the One to whom we must listen, accepting what He is saying to the Church.”

“May the Blessed Virgin Mary accompany

these prayers with her maternal intercession,” concluded the Cardinals’ declaration.

Source: [Vatican Media](#)

The Month of May-the Month of Mary



The month of May is a special time for us, to pay homage to our Blessed Mother Mary.

Mary has a unique role in salvation history as the Mother of God, conceived without Sin, who by her own free will agreed to bring the “Word made flesh”, (John 1:14) our Lord and Saviour Jesus Christ into the world.

Mary is prefigured as the one who would crush the head of the serpent (a figure of Satan) in Genesis 3:15 through her Divine Son. Still she in no way overshadows Him, nor would she ever wish to.

Her life in the Gospel years was one of service and great devotion to Jesus, from Bethlehem where she gave birth to Him, to Calvary in Jerusalem where she stood by His cross in His Crucifixion, from Crib to Cross, as it were.

Some Biblical References:

Luke 1:26-38 -The Annunciation where Mary says “Here am I, the servant of the Lord; let it be with me according to your word”

Luke 1:46-55 - The Magnificat where

Mary says "My Soul proclaims the greatness of the Lord and my spirit rejoices in God my Saviour"

John 2:1-12 -The Wedding at Cana where Mary says "Do whatever he tells you"

From the Catechism of the Catholic Church:

CC963 -Since the Virgin Mary's role in the mystery of Christ and the Spirit has been treated, it is fitting now to consider her place in the mystery of the Church. "The Virgin Mary . . . is acknowledged and honoured as being truly the Mother of God and of the redeemer. . . . She is 'clearly the mother of the members of Christ' . . . since she has by her charity joined in bringing about the birth of believers in the Church, who are members of its head. Mary, Mother of Christ, Mother of the Church.

CC971- All generations will call me blessed": "The Church's devotion to the Blessed Virgin is intrinsic to Christian worship." The Church rightly honors "the Blessed Virgin with special devotion. From the most ancient times the Blessed Virgin has been honoured with the title of 'Mother of God,' to whose protection the faithful fly in all their dangers and needs. . . . This very special devotion . . . differs essentially from the adoration which is given to the incarnate Word and equally to the Father and the Holy Spirit, and greatly fosters this adoration." The liturgical feasts dedicated to the Mother of God and Marian prayer, such as the rosary, an "epitome of the whole Gospel," express this devotion to the Virgin Mary.

CC972 -After speaking of the Church, her origin, mission, and destiny, we can find no better way to conclude than by looking to Mary. In her we contemplate what the Church already is in her mystery on her own "pilgrimage of faith," and what she will be in the homeland at the end of her journey. There, "in the glory of the Most Holy and Undivided Trinity," "in the communion of all the saints," the Church is awaited by the one

she venerates as Mother of her Lord and as her own mother. In the meantime, the Mother of Jesus, in the glory which she possesses in body and soul in heaven, is the image and beginning of the Church as it is to be perfected in the world to come. Likewise, she shines forth on earth until the day of the Lord shall come, a sign of certain hope and comfort to the pilgrim People of God.

May Crowning

May is Mary's month - And during May, throughout the Catholic world, special devotions honour the Virgin Mary. "May Crowning" is a traditional Catholic ritual that occurs in the month of May and it recognizes Mary as Queen of heaven and earth. Since medieval times, there has been a correlation between Mary and the month of May. May is considered the season of the beginning of new life. "May Crowning" marks a new spiritual season. Our Mary, Queen of heaven and earth, lifted us right out of the last long, cold days of winter and firmly planted our hearts in the warm and promising soil of spring.

To mark the month of May you may wish to listen to the following link "Bring Flowers of the Rarest" The words and tune may be familiar to you.

<https://youtu.be/IPISwWu7IKA>



Sending best wishes to all those running in GEAR 10K and Mini GEAR Grand East Anglia run today.

Attached for you is St. Martha's News.



VE Day

On 8th May 2025, we mark the historic 80th anniversary of VE Day, with the peoples, families and communities of our great nation coming together to unite and celebrate 80 years of peace since the end of World War II in Europe that so many millions paid the ultimate sacrificed to achieve it.

[VE Day 80](#)

<https://www.britishlegion.org.uk/get-involved/remembrance/stories/ve-day>

The celebrations begin this weekend:

Windsor Road is hosting a street party today to mark VE day-all are very welcome.

PARISH WEBSITE UPDATE

From 1st May 2025 the Parish Website will change from

<http://catholicparish-kingslynn.org.uk>

to

<https://cpkl.org>

The old website domain name was insecure and was causing technical problems behind the scenes. This new domain name is very much abbreviated and easier to type, and

you will be able to view the same website and its archives. For those who have the old domain name book-marked on their computers, laptops, tablets and phones, you will be able to view the website for up to one month giving you time to bookmark the new domain name <https://cpkl.org> to view the website.

Apologies for the inconvenience, but we must keep our communications up to date and secure.

God bless,

Joe Rodriguez.

The link to our YouTube channel is:

<https://www.youtube.com/channel/UC8V030I7usRZiKoTlrwBAKg>

And the link to our Parish Website:

<https://cpkl.org>

God bless,

Shaun

Deacon Shaun Morrison

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